

# Cowboys and Plowboys

**COPPER KNOB**  
BYEPOSTHEAT

拍数: 32      墙数: 4      级数: Improver / Novice  
编舞者: Maili Põldpere (EST) - October 2023  
音乐: Cowboys and Plowboys - Jon Pardi & Luke Bryan



Restart: wall 2, 5 and 10 dance 16 counts

## WAVE RIGHT, CROSS SHUFFLE

1-2            RF step right, LF step behind  
&3-4          RF step right, LF across, RF step side  
5-6            LF step behind, RF step side  
7&8           LF across, RF step next to LF, LF across

## RF SIDE, LF ¼ STEP FWD, RF SHUFFLE FWD, FULL TURN, LF SHUFFLE FWD (restart in walls 2, 5 and 10)

1-2            RF step side, LF step forward with ¼ turn L (facing 09:00)  
3&4           RF step forward, LF step next to RF, RF step forward  
5-6           LF step back turning ½ R (facing 03:00), RF step forward turning ½ R (facing 09:00)  
7&8           LF step forward, RF step next to LF, LF step forward

## HIP BUMPS, HIP SWAYS/HIP CIRCLES

1&2           RF touch forward with hip bump, hip bump L, take weight on RF  
3&4           LF touch forward with hip bump, hip bump R, take weight on LF  
5-6           RF step R side with hip sway, sway hips to L  
7-8           sway hips to R, sway hips to L with weight on L

## RF PIVOT ½, STEP FWD 2X, RF SHUFFLE FWD, TRIPPLE FULL TURN

1-2           RF step forward, pivot ½ turn to L stepping LF forward (facing 03:00)  
3-4           RF step forward, LF step forward  
5&6           RF step forward, LF step next to RF, RF step forward  
7&8           LF step back turning ½ R (facing 09:00), RF step next to LF turning ¼ R (facing 12:00), LF step forward turning ¼ R (facing 03:00)

RESTART: Wall 2, 5 and 10 dance 16 counts and restart

NOTE: On lyrics „Both make the world go 'round boys“ do 2 hip-rolls instead of hip sways;  
On lyrics "Hold her tight while the sun goes down" twist your arms around your waste while doing 2 steps forward.