

Britney Spears (If U Seek Amy)

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Low Intermediate
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音乐: If U Seek Amy - Britney Spears



Intro: 32 counts (approx 15 seconds)

[1-8]: Half turns, heel touches x2

1, 2 Step forward L making ½ turn clockwise, step back R
&3, 4 Step back L (&), heel touch R forward x 2 (3, 4)
5, 6 Step forward R starting ½ turn clockwise, Step back L finishing ½ turn
&7,8 Step back R (&), heel touch L forward x 2 (3, 4)

[9-16]: Wizard Steps, knee hitches with ¾ turn

1, 2& Step down L, cross R behind left, recover L
3,4& Step R, cross L behind right, recover R
5, 6 Step forward L, hitch R knee (or kick R forward)
7, 8 Step behind on R making a 1/4 turn over right shoulder, scuff and hitch L knee making ½ turn over right shoulder (clockwise, facing 9 o'clock)

Restart here on Wall 4, moving in 3 o'clock direction. Body will only make 1/4 turn clockwise on the restart instead of 1/2 turn

[17-24]: Side behind, chasse, cross rock, ¾ turn

1, 2 Step L to L, step behind R
3&4 Chasse to the left (left, right, left) *Optional styling step L, drag R
5, 6 Cross R forward over L, recover L
7, 8 Step R to R making ¼ turn, step forward L making ½ turn

[25-32]: Heel drag, coaster step, mambo cross, full turn

1, 2 Step back R, drag L heel back
3&4 Step back L, step together R, step forward L
5&6 Step R to right side, recover L, cross R over L making ¼ turn left (counterclockwise)
7, 8 Full turn clockwise stepping L, R (as you end this wall and start your new one you will be making 1 ½ turns) Modify option: walk L, R

Notes and ending: Song ends on count 24, finish with first 2 counts of last 8 count: step back R, Heel drag left.

I could have made another restart to avoid this but I like how it ends this way

Last Update: 8 Jun 2024