

15 Minutes of Fame

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Caroline Lindmark Öst (SWE) - October 2023
音乐: Hall of Fame - The Script



Intro: Start on lyrics

Restart: At wall 6, after 16 counts (facing 6:00)

ROCK STEP, COASTER STEP, OUT-OUT, SWIVEL IN

1-2 Rock forward on R. Recover weight on L.
3&4 Step R back. Step L beside R. Step R forward.
5-6 Step L to L. Step R to R.
7&8 Swivel toes in. Swivel heels in. Swivel toes in.

SIDE ROCK, BEHIND-SIDE-CROSS, SIDE ROCK, BEHIND-1/4 TURN R-STEP FWD

1-2 Rock R to R. Recover weight onto L.
3&4 Step R behind L. Step L to L. Cross R over L.
5-6 Rock L to side. Recover weight onto R.
7&8 Step L behind R. Turning ¼ R step R forward. Step L forward. (3:00)

Restart here at wall 6

BALL, STEP, DRAW, TOUCH, UNWIND, KICK-BALL-TOUCH

&1 Step R beside L. Step L a big step forward.
2-4 Slowly draw R forward to L over 3 counts.
5-6 Touch R toe back . Unwind ½ turn R shifting weight to R.
7&8 Kick L forwad. Step L beside R. Touch R beside L

Arm Movements: On counts 2-4 slowly lift arms out and over your head as you draw R foot forward.

½ MONTEREY TURN, HEEL SWITCHES, CLAP X 2

1-2 Point R to R. Turn ½ turn R stepping R beside L.
3-4 Point L to L. Step L beside R. (9:00)
5&6& Touch R heel forward. Step R beside L. Touch L heel forward. Step L beside R.
7&8 Touch R heel forward. Clap twice.

Ending after wall 8:

1-4 1: Rock forward on R (keep weight on R) as you slowly lift arms out and over your head
5-8 Recover on L (keep weight on L) as you slowly take your arms down.

Enjoy!

Last Update: 15 Apr 2024