Monday, Monday

拍数: 32

级数: Easy Beginner

编舞者: Georgie Mygrant (USA) - October 2023

音乐: Monday Monday - Hear'Say

Intro: 24 Counts - Count carefully. Start on L foot

Basic Step, Side touch Combo L, Then R

- 1-4 Step L to L side, Touch R to L, Step R, Touch L to R
- 5-8 Touch L to L side, Touch L to R, Touch L fwd. Step L to R
- 1-4 Step R to R side, Touch L to R, Step L, Touch R to L
- 5-8 Touch R to R side, Touch R to L, Touch R fwd. Touch R to L

Jazz Box ¼ R, Vine R

- 1-4 Step R over L, Step back on L turning ¼ R, Step on R, Step on L
- 5-8 Step R to R side, L behind R, Step to R, Touch L to R

Vine L, Step Kick R

- 1-4 Step L to L side, R behind L, Step L, Touch R
- 5-8 Step R fwd. Kick L fwd. Step back on L, Step on R

That's it! Just an easy beginner's routine for all beginners. Please let me know if you like it! All I ask is that you do not alter routine without my permission.

Thank you, Georgie mygeo@adamswells.com or mygrantg@gmail.com





墙数

墙数:4