

Lil' Bit

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Wendy McLean (CAN) - October 2023
音乐: Lil Bit - Nelly & Florida Georgia Line



K Step

1 2 Step right diagonally forward, Touch left beside right
3 4 Step left diagonally back, Touch right beside left
5 6 Step right diagonally back, Touch left beside right
6 8 Step left diagonally forward, Touch Right beside left

Side, Together, Side Touch (Right & Left)

1 2 Step right side, Step left together
3 4 Step right side, Touch left together
5 6 Step left side, Step right together
7 8 Step left side, Touch right together

Rocking Chair, Two 1/8 Turns

1 2 Rock forward on right, Recover back on left,
3 4 Rock back on right, Recover forward on left
5 6 Step forward on right, Turn 1/8 turn left (weight transfers to left)
7 8 Step forward on right, Turn 1/8 turn left (weight transfers to left)

Bounce (Twerk) Right & Left

1 2 Step right side, Bounce towards right
3 4 Keep bouncing as you slide your left foot towards right, Touch left beside right
5 6 Step left side, Bounce towards left
7 8 Keep bouncing as you slide your right foot towards left, Touch right beside left

Have fun! Add your own style (Shoulder rolls, Body rolls, Hip Rolls, Claps)
