

Throw On

拍数: 32 墙数: 4 级数: Improver
编舞者: Cassidy Greger (USA) - October 2023
音乐: Something To Dance To - Willie Jones



16 count intro

[1-8] Shuffle R, Shuffle L, Point R Front, Side, Cross, Unwind

1&2 - Step R forward, Step L next to R, Step R forward
3&4 - Step L forward, Step R next to L, Step L forward
5,6,7,8 - Point R toe FWD, Point R toe to R side, Cross R behind L, Rotate right ½ turn to unwind

[9-16] Shuffle L, Shuffle R, Point L Front, Side, Cross, Unwind

1&2 - Step L forward, Step R next to L, Step L forward
3&4 - Step R forward, Step L next to R, Step R forward
5,6,7,8 - Point L toe FWD, Point L toe to L side, Cross L behind R, Rotate left ½ turn to unwind

[17-24] V-Step, Lyndy R, Rock Recover

1,2,3,4 - Step R forward to right diagonal, Step L forward to L diagonal, Step R back to center, Step L next to R (weight on L)
5&6,7,8 - Step R to right side, Step L next to R, Step R to right side, Rock L back behind R, Recover R

[25-32] Full Turn Backwards Over Right Shoulder, Shuffle L, Charleston

1,2 - Step L FWD turning ¼ right, Step right back with ½ turn over right shoulder
3&4 - ¼ turn right, Step L forward, Step R next to L, Step L forward
5,6,7,8 - Touch R forward, Step R back, Touch L back, Step L forward

BEGIN AGAIN!

Tag: End Of Wall 6, Beginning Of Wall 7

1&2& - Point R toe back, replace, L heel forward, replace
3&4& - Point R toe back, replace, L heel forward, replace

Last Update: 18 Oct 2023
