

Hands On Me

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Miske Findriani Paduli (INA) - October 2023
音乐: Hands On Me (feat. Meghan Trainor) - Jason Derulo



***Intro: Approx 20 seconds**

***No Tag, No Restart**

Section 1: Side, Close - Cross Toe Strut - Toe Strut (L/R)

1-2 Step R to side, L close together (12:00)
3-4 Cross R toe over L, R heel down (angle body slightly left)
5-6 Touch L toe forward, L heel down
7-8 Touch R toe forward, R heel down

Section 2: Side, Close - Cross Toe Strut - Toe Strut (R/L)

1-2 Step L to side, R close together (12:00)
3-4 Cross L toe over R, L heel down (angle body slightly right)
5-6 Touch R toe forward, R heel down
7-8 Touch L toe forward, L heel down

Section 3: Turn 1/8R Jazz Box - Turn 1/4L Paddle - Turn 1/4L Paddle

1-4 Cross R over L, 1/8R step L back, R to side, L cross over R (03:00)
5-6 Step R forward, turn 1/4L step L in place (12:00)
7-8 Step R forward, turn 1/4L step L in place (09:00)

Section 4: Step & Kick Forward (R/L) - Out, Out, Hold - In, In, Hold

1-2 Step R forward, kick L forward
3-4 Step L forward, kick R forward
&5-6 Step R out, step L out, hold
&7-8 Step R in, step L in, hold

Happy dancing & thank you
