

# Try Not To Cry

拍数: 48                      墙数: 4                      级数: Improver  
编舞者: Daisy Simons (BEL) - October 2023  
音乐: Try Not to Cry - Soulsister



**Intro: 32 counts. Start on the word "Goodbye"**

**Section 1: SIDE, TOGETHER, SHUFFLE FWD R, L**

1-2                      Step R to right side, step L next to R  
3&4                      Step R forward, step L next to R, step R forward  
5-6                      Step L to left side, step R next to L  
7&8                      Step L forward, step R next to L, step L forward

**Section 2: CROSS ROCK, RECOVER, CHASSE R, CROSS ROCK, RECOVER, CHASSE 1/4 TURN L**

1-2                      Rock R cross over L, recover weight to L  
3&4                      Step R to right side, step L next to R, step R to right side  
5-6                      Rock L cross over R, recover weight to R  
7&8                      Step L to left side, step R next to L, step L 1/4 turn left forward (9:00)

**\*\*\*Restart in wall 3 (3:00)**

**Section 3: CROSS, SIDE, SAILORSTEP, CROSS SIDE, SAILORSTEP 1/4 TURN L**

1-2                      Cross R over L, step L to left side  
3&4                      Cross R behind L, step L to left side, step R to right side  
5-6                      Cross L over R, step R to right side  
7&8                      Step L 1/4 turn left behind R, step R to right side, step L forward (6:00)

**\*\*\*Restart in wall 7 (12:00)**

**Section 4: ROCK FWD, RECOVER, SHUFFLE 1/2 TURN R x2, ROCK BACK, RECOVER**

1-2                      Rock R forward, recover weight to L  
3&4                      Step R 1/4 turn right, step L next to R, step R 1/4 turn right forward  
5&6                      Step L 1/4 turn right, step R next to L, step L 1/4 turn right back (6:00)  
7-8                      Rock R back, recover weight to L

**Section 5: R SAMBA, STEP FWD, POINT R SAMBA, STEP FWD, POINT**

1&2                      Cross R over L, step L to left side, recover weight to R  
3-4                      Step L forward, point R to right side  
5&6                      Cross R over L, step L to left side, recover weight to R  
7-8                      Step L forward, point R to right side

**Section 6: ROCK FWD, RECOVER, COASTERSTEP, PIVOT 1/4 TURN R, CROSS SHUFFLE**

1-2                      Rock R forward, recover weight to L  
3&4                      Step R back, step L next to R, step R forward  
5-6                      Step L forward, 1/4 turn right (9:00)  
7&8                      Cross L over R, step R to right side, cross L over R

**Start again.**

**Restart:**

**in wall 3 after 16 counts (3:00)**  
**in wall 7 after 24 counts (12:00)**

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