Shining Like a Star



编舞者: Berit Hvenegaard (DK) - October 2023 音乐: Hey Hey Hey Good Morning - G.Thomas



Intro: 16 counts - start on the third "Hey"

Start with RF

(1-8) Shuffle, mambo, shuffle 1/2, step 1/4, cross

1&2 Shuffle FW R-L-R3&4 Mambo step FW L-R-L

5&6 Shuffle 1/2 to the right R-L-R (6:00)

7&8 Step FW on LF, turn 1/4 right shifting weight to RF, cross LF over RF (9:00)

(9-16) Chassé, back rock, side, rock step, sailor

1&2 Chassé to the right R-L-R

3&4 Rock back on LF, recover on RF, step LF to the left

5-6 Rock FW on RF7&8 Sailor step R-L-R

(17-24) Side, together, chassé 1/4, step 1/4, cross shuffle

1-2 Step LF to the left, step RF beside LF 3&4 Chassé 1/4 turn to the left L-R-L (6:00)

5-6 Step FW on RF, turn 1/4 left shifting weight to LF (3:00)

7&8 Cross shuffle RF over LF

(25-32) Side rock, behind, side, cross, side rock, back rock

1-2 Rock LF to the left, recover on RF

3&4 Step LF behind RF, step RF to the right, cross LF over RF

5-6 Rock RF to the right, recover on LF7-8 Rock back on RF, recover on LF

Tag: Jazz box 1/4 turn to the right

1-4 Cross RF over LF, step back on LF, turn 1/4 to the right stepping RF to the right, step LF

beside RF
After wall 1

After 16 counts of wall 6 (Change sailor step to sailor touch)

Restart:

Wall 3 after 16 counts (Change sailor step to sailor touch)

Wall 6 after 16 counts + tag

Ending: Dance to count 16

1-2&3 Rock LF to the left, recover on RF, step LF beside RF, cross RF over LF

Have fun - You can contact me here: hvenegaard_0914@yahoo.com

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