

# Shining Like a Star

拍数: 32      墙数: 4      级数: Low Improver  
编舞者: Berit Hvenegaard (DK) - October 2023  
音乐: Hey Hey Hey Good Morning - G.Thomas



**Intro: 16 counts - start on the third "Hey"**  
**Start with RF**

**(1-8) Shuffle, mambo, shuffle 1/2, step 1/4, cross**

1&2      Shuffle FW R-L-R  
3&4      Mambo step FW L-R-L  
5&6      Shuffle 1/2 to the right R-L-R (6:00)  
7&8      Step FW on LF, turn 1/4 right shifting weight to RF, cross LF over RF (9:00)

**(9-16) Chassé, back rock, side, rock step, sailor**

1&2      Chassé to the right R-L-R  
3&4      Rock back on LF, recover on RF, step LF to the left  
5-6      Rock FW on RF  
7&8      Sailor step R-L-R

**(17-24) Side, together, chassé 1/4, step 1/4, cross shuffle**

1-2      Step LF to the left, step RF beside LF  
3&4      Chassé 1/4 turn to the left L-R-L (6:00)  
5-6      Step FW on RF, turn 1/4 left shifting weight to LF (3:00)  
7&8      Cross shuffle RF over LF

**(25-32) Side rock, behind, side, cross, side rock, back rock**

1-2      Rock LF to the left, recover on RF  
3&4      Step LF behind RF, step RF to the right, cross LF over RF  
5-6      Rock RF to the right, recover on LF  
7-8      Rock back on RF, recover on LF

**Tag: Jazz box 1/4 turn to the right**

1-4      Cross RF over LF, step back on LF, turn 1/4 to the right stepping RF to the right, step LF beside RF  
    **After wall 1**  
    **After 16 counts of wall 6 (Change sailor step to sailor touch)**

**Restart:**

**Wall 3 after 16 counts (Change sailor step to sailor touch)**  
    **Wall 6 after 16 counts + tag**

**Ending:      Dance to count 16**

1-2&3      Rock LF to the left, recover on RF, step LF beside RF, cross RF over LF

**Have fun - You can contact me here: [hvenegaard\\_0914@yahoo.com](mailto:hvenegaard_0914@yahoo.com)**

**Last Update: 20 Oct 2023**