

BETTER (You Could Do Better)

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Marianne Langagne (FR) - 14 October 2023
音乐: Better - Ben Chase : (Album: That Was Then - This is now)



Intro : 16 counts – 2 Restarts – 1 Tag (at the end of 3rd Wall – facing 12:00)

Chorégraphied for 20th Birthday of « Folie's Troupe » (27) . Thank's them for their invitation ☐

Section I : STOMP FWD, HEEL SPLIT, COASTER STEP, STEP LOCK STEP, TOE - HEEL – CROSS

1&2 Stomp RF Fwd, Heels out, return to the center (weight on LF)
3&4 RF Back, Together, RF Fwd
5&6 LF Fwd, Close RF behind LF, LF Fwd
7&8 Touch R Toe next to LF (Knee In), R Heel Fwd, Cross RF over LF (weight on RF)

Section II : RUMBA BOX, COASTER STEP STEP ½ TURN L

1&2 LF to the L, Together, LF Fwd
3&4 RF to the R, Together, RF Back
5&6 LF Back, Together, LF Fwd
7-8 RF Fwd, Pivot ½ Turn L (weight on LF) 6:00

- Restart here 2nd Wall (Facing 9:00) & 7th Wall (Facing 6:00)

Section III : TRIPLE STEP , TRIPLE STEP, VAUDEVILLE ¼ TURN R, VAUDEVILLE ¼ TURN L

1&2 RF Fwd, Together, RF Fwd
3&4 LF Fwd, Together, LF Fwd
5&6 Cross RF over LD, ¼ Turn R – LF Back, R Heel Fwd 9:00
& Together (weight on RF)
7&8 Cross LF over RF, ¼ Turn L- RF Back, L Heel Fwd 6:00
& Together (weight on LF)

Section IV : STEP ¼ TURN L, BEHIND SIDE CROSS, SIDE TOUCH (L & R) , ½ RUMBA BOX

1-2 RF Fwd, Pivot ¼ Turn L (weight on LF) 3:00
3&4 Cross RF behind LF, LF to the L, Cross RF Fwd
5& LF to the L, Touch RF next to LF
6& RF to the L, Touch LF next to RF
7&8 LF to the L, Together, LF Fwd

TAG: STOMP FWD, HEEL SPLIT, COASTER STEP, STEP ¼ TURN R,CROSS, SIDE ROCK

1&2 Stomp RF Fwd, Heels out, return to the center (weight on LF)
3&4 RF Back, Together, RF Fwd
5&6 LF Fwd, Pivot ¼ Turn R (weight on RF), Cross LF over LF (You'll be at 3:00)
7-8 RF to the R, Recover on LF

Moove, Dance & have Fun

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