

Spooky Strut

拍数: 32 墙数: 4 级数: Improver - Soul
编舞者: Gregory F. Huff (USA) - October 2023
音乐: Spell of Aquarium - James Frank Hillier & Oscar Boone : (Album: Quirky Classical)



#16 count intro: start dance at :16 in music

FRANKENSTEIN WALK, LOCK STEP, EZ BART SIMPSON*

- 1-2 With arms outstretched like Frankenstein or sleep-walking: walk forward right, left
3&4 With arms outstretched like Frankenstein or sleep-walking: step forward right, cross left behind right, step forward right
5-6 As you step left foot left: stretch right arm horizontally right while bending your left arm horizontally at the elbow and turning your head left, as you step right foot next to left: turn your head forward as you stretch both arms out horizontally at your sides bent at the elbow fists pointing up
7-8 As you step your right foot right: stretch left arm horizontally left while bending your right arm horizontally at the elbow and turning your head right, as you step left foot next to right: turn your head forward as you stretch both arms out horizontally at your sides bent at the elbow fists pointing up

ROCK & COASTER, JAZZ BOX ¼ TURN RIGHT

- 1-2 Rock forward as you step your left foot forward, rock back on your right foot
3&4 Step your left foot back, step right next to left, step left foot forward
5-6 Cross right foot over left, step left foot back
7-8 Step right foot ¼ turn right, step left next to right

MUMMY BOUNCE, SWAY

- 1&2& Step right forward while bending both knees bounce slightly downward 3 times, stand up straight
3&4& Step left forward while bending both knees bounce slightly downward 3 times, stand up straight
5-8 Step right foot right then sway hips right, left, right, left

SIDE, BEHIND SIDE CROSS, SIDE, FUNKY LEAN

- 1 Step right foot right
2&3 Cross left behind right, step right foot right, cross left over right
4 Step right foot right
5-6 Step right foot right slightly bending your right knee as you place your left heel towards the left, cross your left toe behind right
7-8 Place your left heel towards the left, step left next to right as you stand up straight.

WALL 2 RESTART AT :47 IN MUSIC:

Complete first 24 counts of wall 2 then restart.

*Do the real Bart Simpson: if you know how to do it and if the floor or your shoes are not slip resistant.

Add your own style and have fun!!

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