

Days of My Past

COPPER KNOB
STEPSHEETS

拍数: 68 墙数: 4 级数: Low Intermediate
编舞者: Jennifer Jou (TW) - October 2023
音乐: Days of My Past - Noble Band



Intro:20 counts - No Tag, No Restart

Sec 1:Chasse R,Behind,Recover,Chasse L,Behind,Recover

1&2 Step RF to R,step LF beside RF,step RF to R
3 4 Rock LF behind RF,recover on RF
5&6 Step LF to L,step RF beside LF,step LF to L
7 8 Rock RF behind (12:00) LF,recover

Sec 2:(Cross,Side Touch)×2,Back walk×4

1~4 Step RF over LF ,touch LF to L,step LF over RF,touch RF to R
5~8 Walk back on RLRL (12:00)

Sec 3:Side,Together,Side,Touch, Rolling Vine w/ 1 ¼ Turn L

1 2 3 4 Step RF to R,step LF beside RF,step RF to R,touch LF beside RF
5 6 7 8 1/4 L step LF forward,1/2 L step RF back,1/2 L step LF forward & sweep RF from back to front (9:00)

(Easier option:1/4 L step LF forward,step RF behind LF,step LF forward & sweep RF from back to front)

Sec 4:(Cross,Back,Side)×2,Rock RL

1 2 3 Cross RF over LF,step LF back,step RF to R
4 5 6 Cross LF over RF,step RF back,step LF to L
7 8 Rock RF to R,Rock L to L (9:00)

Sec 5: (Side,Behind,Side,Touch)×2

1 2 3 4 Step RF to R,step LF behind RF step RF to R,touch LF beside RF
5 6 7 8 Step LF to L,step RF behind LF,step LF to L,touch RF beside LF (9:00)

Sec 6:(1/4 L Side Touch,Hitch)×4

1,2 1/4 L touch RF to R,Hitch R knee,
3,4 1/4 L touch RF to R,Hitch R knee
5,6 1/4 L touch RF to R,Hitch R knee
7,8 1/4 L touch RF to R,Hitch R knee

Sec 7:(Fwd toe struts)×2,Rocking Chair

1 2 3 4 Touch R toe forward,drop R heel,touch L toe forward,drop L heel
5 6 7 8 Rock RF forward,recover on LF, Rock RF back,recover LF

Sec 8:(Fwd toe struts)×2,Fwd, Paddle ½ Turn L

1 2 3 4 Touch R toe forward,drop R heel,touch L toe forward,drop L heel
5 6 7 8 Step RF forward,pivot 1/2 L,step RF forward,pivot 1/2 L(9:00)

Sec 9:Side,Touch,Side,Touch

1 2 3 4 Step RF to R,touch LF,step LF to L,touch RF

End:Wall 6 just dance up to sec 8,then repeat sec 7 & sec 8

Happy Dancing & enjoy!!

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