

Mas Que Nada (MQN)

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Zin Vyra (INA) & Titi Kasese (INA) - October 2023
音乐: Mas Que Nada - Nossa



***RESTART ON WALL : 3 & 6 AFTER 16 COUNT**

S1. WALKS FORWARD, BOTAFOGO, S WALKS FORWARD, BOTAFOGO

1-2-3a4. Step R Forward Step L Forward, cross R over L, Step L to L on ball ,Step R in place
5-6-7a8. Step L Forward to R I, Step R Forward, cross L over R, Step R to right on ball I, Step L in place

S2. 1/2 DIAMOND STEP, MAMBO FORWARD, MAMBO BACK

1-2&3-4&, Step R Forward, L to side , Turn 1/8 to right R back with hitch L (1:30) Step L back, Turn 1/8 to R, R to side (03:00).
5&67&8. R forward, recover on L, R back, L forward, recover on R, L back.

S3. 1/2 VOLTA TURN R/L

1&2&3&4. 1/8 turn to right, Step R forward, Step L beside R, 1/8 turn right Step R forward, Step L beside R, 1/8 turn to right, step R forward, L beside R, 1/8 turn to right, R forward, L beside R (face to 06:00)
5&6&7&8. 1/8 turn to left, Step L forward, Step R beside L, 1/8 turn right Step L forward, Step R beside L, 1/8 turn to left, step L forward, R beside L, 1/8 turn to left, L forward, R beside L (face to 12:00)

S4. SAMBA WHISKS R/L, SWITCHING TOES, TOUCH

1&2&3&4. Step R on right side, rock L back on ball, recover on R, Step L on left side, rock R back on ball, recover on L
5&6&7-8. Touch R to right side, Close R next to L, Touch L to left side, Close L next to R, Touch R to right, touch R next to L

LET' DANCE AND BE HAPPY □□□□□□□□□□

Last Update: 7 Nov 2023