

Dancin' On My Heartbeat

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Gregory Danvoie (BEL) & Guillaume Richard (FR) - September 2023
音乐: Heartbeat - Davina Michelle



Intro: 16 counts

Restart: During wall 4, dance the first 16 counts of the dance and restart

Tag: At the end of wall 9, add the next 4 counts

1-4 Step RF out (1), Step LF out (2), Step RF back in center (3), Step LF next to RF (4)

[1 – 8] Side Shuffle, ¼ Shuffle, Kick Ball Cross, Weave

1&2 Step RF to R (1), Step LF next to RF (&), Step RF to R (2) 12:00

3&4 Make ¼ turn L stepping LF to L (3), Step RF next to LF (&), Step LF to L (4) 9:00

5&6 Kick RF in R diagonal (5), Step down on RF next to LF (&), Cross LF over RF (6) 9:00

&7&8 Step RF to R (&), Cross LF behind RF (7), Step RF to R (&), Cross LF over RF (8) 9:00

[9 – 16] Side Rock, Sailor Step, ¼ Sailor Step, ½ Cross Shuffle

1-2 Step RF to R (1), Recover on LF (2) 9:00

3&4 Cross RF behind LF (3), Step LF to L (&), Step RF to R (4) 9:00

5&6 Cross LF behind RF (5), Make ¼ turn L stepping RF next to LF (&), Step LF fwd (6) 6:00

&7&8 Make ¼ turn L stepping RF to R (&), Cross LF over RF (7), Make ¼ L stepping RF to R (&),
Cross LF over RF (8) 12:00

[17 – 24] Step Touch Step, Coaster Step (X2)

1&2 Step RF fwd (1), Touch L toes behind RF (&), Step LF back (2) 12:00

3&4 Step RF back (3), Step LF next to RF (&), Step RF fwd (4) 12:00

5&6 Step LF fwd (5), Touch R toes behind LF (&), Step RF back (6) 12:00

7&8 Step LF back (7), Step RF next to LF (&), Step LF fwd (8) 12:00

[25 – 32] Rock Step, Shuffle ½ turn, Mambo ¼ turn & Cross, Out Out, In In

1-2 Step RF fwd (1), Recover on LF (2) 12:00

3&4 Make ½ turn R stepping RF fwd (3), Step LF next to RF (&), Step RF fwd (4) 6:00

5&6 Step LF fwd (5), Make ¼ turn R as you recover on RF (&), Cross LF over RF (6) 9:00

&7&8 Step out in R diagonal on R heel (&), Step out in L diagonal on L heel (7), Step RF back in
center (&), Step LF next to RF (8) 9:00

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