

# Sway Cha

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: High Beginner  
编舞者: Russibell Seoh (KOR) - October 2023  
音乐: Sway - The Pussycat Dolls



**Intro :32 Counts - No Tag ! / No Restart !**

**Sec1 : Rock R Fwd, Recover On L , R Back Shuffle , Rock L Back & Turn Head To L , Turn Head To R & Look Straight Ahead , Hip Sway R L**

12                    Rock R Fwd, Recover On L

3&4                  R Back Shuffle

56                    Rock L Back & Lower Your Head & Turn Head To L , Lift Your Head & Look Straight Ahead

**Styling : Sitting position with both legs banded**

78                    Hip Sway R L

**Sec2 : 1/4 R Turn Step Cross R Behind L , Hold , Step Cross L Behind R , Hold , Rock R Back , Recover On L , 1/2 L Turn Step R Back , 1/4 L Turn Step L Side**

12                    1/4 R Turn Step Cross R Behind L (3:00) , Hold

34                    Step Cross L Behind R , Hold

56                    Rock R Back , Recover On L

78                    1/2 L Turn Step R Back , 1/4 L Turn Step L Side

**Sec3 : In Place Step R ,Hold , In Place Step L R , Rock L Fwd, Recover On R , 1/2 L Turn L Shuffle Fwd**

12                    In Place Step R ,Hold

34                    In Place Step L R

56                    Rock L Fwd, Recover On R

7&8                  1/2 L Turn Step L Fwd (12:00), Step R Lock Behind L , Step L Fwd

**Sec4 : , R Shuffle Fwd , 1/4 R Fwd L Rock , Recover On R , L Back & Touch R Fwd , Shift Weight R Foot At This Time Clockwise R Hip Roll , Sweep R From Front To Back , R Back At This Time L Knee Bent Toe Touch In Place , Shift Weight L Foot Anti Clockwise L Hip Roll , Sweep L Front To Front To Back , Step L Back**

1&2                  Step R Fwd , Step L Lock Behind R , Step R Fwd

3&4                  1/4 R Fwd L Rock , Recover On R , Step L Back At This Time Touch R Fwd Bending R Knee

5&6                  Shift Weight R Foot At This Time R Hip Roll Clockwise , Sweep R From Front To Back , R Back At This Time L Knee Bent Toe Touch In Place

7&                    Shift Weight L Foot At This Time Hip Roll Anti Clockwise , Sweep L From Front To Back

8                     Step L Back

**Happy Dancing~~**