

Come Back on the Floor

COPPER KNOB
STEPSHEETS

拍数: 80 墙数: 2 级数: Phrased Advanced - Cha Cha
编舞者: Junghye Yoon (KOR), Solbi Jeong (KOR) & Haein Lee (KOR) - October 2023
音乐: On the Floor (feat. Pitbull) - Jennifer Lopez



Intro: 56 Counts

Part A: 40Counts, Part B:40Counts,

Sequence: AAAB A(32)AAB A(32)A(32)AB A(32)A(32)A(32)

Part A

Sec 1 : Slip Chasse, Closed Hip Twist

1-2-3 Step forward RF(1), Rock forward LF(2), Recover onto RF(3)
4&5 Step back LF(4)-Use the ball of left foot, Step in-place RF(&)-Pull your right foot slightly back,
 Together LF beside RF(5)
6-7 Rock back RF(6), recover onto LF(7)
8&1 Cross RF over LF(8), Together LF beside RF(&), Step RF to R side(1)

Sec 2 : Cuban Break, Double Cuban Break

2-3 Rock cross LF over RF(2), Recover onto RF(3)
4-5 Rock side LF to L side(4), Recover onto RF(5)
6&7& Rock cross LF over RF(6), Recover onto RF(&), Rock cross LF over RF(7), Recover onto
 RF(&)
8&1& Rock side LF to L side(8), Recover onto RF(&), Rock side LF to L side(1), Recover onto
 RF(&)

Sec 3 Pivot Turn 1/2R, Turn 1/2R Back Lock Step, Rock Back, Recover, Turn 1/8 L Forward Lock Step

2-3 Step forward LF(2), Turn 1/2R Step forward RF(3) (6:00)
4&5 Turn 1/2R Step Back LF(4), Lock step RF cross LF(&), Step back LF(5) (12:00)
6-7 Rock back RF(6), Recover onto LF(7)
8&1 Turn 1/8L Step forward RF(8), Lock step LF Behind RF(&), Step forward RF(1) (10:30)

Sec 4 : Turn 1/2R Walk L,R, Forward Lock Step, Walk R,L, Cross Step R,L, Side Step

2-3 Step forward LF(2), Step forward RF(3)
4&5 Step forward LF(4), Lock step RF Behind RF(&), Step forward LF(5) (1:30)
6-7 Step forward RF(6), Step forward LF(7)
8&1 Cross RF Over LF(8), Cross LF over RF(&), Step RF to R side(1) (6:00)

Sec 5 :Hip Circle L-R

2-5 Step forward LF with Counterclockwise Hip Circle(2-4), Step in place LF(5)
6-8 Step forward RF with Clockwise hip circle(6-8)

Part B

Sec 1 : Turn 1/2R Cross Step, Hold, Cross Step, Hold

1-4 Turn 1/2R with Cross RF Over LF(1), Hold(2-4) (12::00)
(When you do this Raise your right hand to the right side)
5-8 Cross LF Over RF(5), Hold(6-8)
(When you do this Raise your left hand to the left side)

Sec 2 : Forward, Hands Down & Rolling

1-4 Step forward ball touch RF(1), Hold(2-4)
(When you do this down your hands down and sideways)
5-8 Bodyroll(5-8)
(When you do this rotate your hands across and lift up and down from the bottom)

Sec 3 : Back Step & Slow Hip Circle R-L

- 1-4 Step back RF with hip circle counterclockwise(1-4)
- 5-8 Step back LF with hip circle clockwise(5-8)

Sec 4 : Back Step & Hip Circle R-L, Turn 1/2R Turn Your Upper Body

- 1-2 Step back RF with hip circle counterclockwise(1-2)
- 3-4 Step back LF with hip circle clockwise(3-4)
- 5-8 Step back RF(5), Turn 1/2R rotate the upper body (6:00)

(When you do this Put your right hand up))

Sec 5 : , Turn 1/2L Turn Your Upper Body, Hold, Hip Circle

- 1 Turn 1/2L rotate the upper body with extend One's right hand forward(1) (12:00)
- 2 Extend One's left hand over one's right hand(2)
- 3 rotate your hands across and lift up(3)
- 4 down your hands and sideways(4)
- 5 Hold(5)
- 6-7 hip circle counterclockwise(6-7)
- 8 Step forward LF with Flick RF back(8)

Enjoy Dancing!

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