

I Lose Control

COPPER KNOB
STEPPERS

拍数: 33 墙数: 2 级数: Intermediate - Rolling count
编舞者: Rosa Turi (USA) - October 2023
音乐: Lose Control - Teddy Swims



No Tags, No Restarts

Spiral Twinkle Step ,1/2 Twinkle R, Lunge Hold, Coaster, Side Rock Twinkle, 3/4 Turn.

1-2-3 Step L forward across R, step R to right side, Step L to left slight diagonal.
4-5-6 Cross R over L, step back L 1/4 turn R (3:00), step R to R 1/4 R (6:00)
7-8-9 Lunge L forward, R toe drag forward, Hold (6:00)
10-11-12 Step back R, step together L, step forward on R

Left Side Rock Twinkle, 3/4 turn R, Left Twinkle Back ,1/4 Turn Twinkle R,

13-15 Step L to L, Recovery R to R, Step L to L
16-18 Sweep R behind unwind 3/4 turn Tap R Step R (3:00)
19-21 Cross L over R, step back R, step back L (3:00)
22-24 Cross R over L, Step back L 1/8 turn to rt, Step R to R 1/8 (6:00)

Vine Right, Slide R tap L, Back Step L Touch R

25-27 Cross R over L, Step to L to Left, Cross R behind left (6:00)
28-30 Lunge R to right, Slide L to right touch, Hold
31-33 Step L back diagonal, Slide R to left touch hold (6:00)

START AGAIN.....
