

My Stupid Heart

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Sawina (INA) - October 2023
音乐: My Stupid Heart (with Lauv) - Walk Off the Earth



No Tag No Restart

Intro : 16 count

SECTION 1: WALK R/L - FORWARD MAMBO - BACK MAMBO - SIDE MAMBO

1 - 2 Step R Fwrd - step L fwd
3&4 Step R fwd - revover L - step R back together L
5&6 Step L Back - recover R - step L fwd together R
7&8 Step R to side - revover L - Step R together L

SECTION 2: 1/4 TURN JAZZBOX - 1/2 PIVOT - 1/4 PIVOT

1 - 2 Step L Cross Over R, Step R 1/4 turn L (facing 09.00)
3 - 4 Step L beside R - step R fwd
5 - 6 Step L fwd - 1/2 turn R (facing 03.00)
7 - 8 Step L fwd - 1/4 turn R (facing 06.00)

SECTION 3: BOTAFOGO L/R - FORWARD L RECOVER - CHASSE

1&2 Step L cross over R - step R to side L - step L inplace
3&4 Step R cross over L - step L to side R - step R inplace
5 - 6 Step L forward - recover R
7&8 step L 1/4 turn to side R (facing 03.00) - step R beside L - step L to side R

SECTION 4: JAZZBOX - DIAGONAL BACK R/L

1 - 2 Step R cross over L - step L back behind R
3 - 4 Step R beside L - step L inplace
5 - 6 Step R back diagonal - step L touch together R
7 - 8 Step L back diagonal - step R touch together L

Enjoy The Dance ☐☐☐

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