

# Up

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Sarah Choi (KOR) - October 2023  
音乐: Up - INNA



This work is an entry for the UCWDC Incheon International Competition.

Intro : 16

Restarts : On Wall 2 After 16 Counts  
On Wall 6 After 16 Counts

## SEC 1. HEEL &, HEEL &, SIDE MAMBO X 2

1 & 2 &      R Heel Fwd(1), R Step Beside L(&), L Heel Fwd(2), L Step Beside R(&),  
3 & 4      Step R Side(3), Recover L(&), Step R Beside L(4),  
5 & 6 &      L Heel Fwd(5), Step L Beside R(&), R Heel Fwd(6), Step R Beside L(&),  
7 & 8      Step L Side(7), Recover R(&), Step L Beside R(8),

## SEC 2. FWD R, 1/2 PIVOT TURN L, L 1/2 SHUFFLE, COASTER STEP, STOMP X 2

1 2      Step Fwd on R(1), 1/2 Pivot Turn L(weight L)(2),  
3 & 4      Making 1/2 Turn L(Shuffle): Step Back(3), Step L next R(&), Step R Back(4),  
5 & 6      Step L Back(5), Step R Next to L(&), Step L Fwd(6)  
7 8      Stomp Fwd on R(7), Stomp L Inplace Beside R(8),

## SEC 3. SAMBA X 2 (R,L), VOLTA 3/4 TURN RIGHT CLOSE

1 & 2      R Cross over L(1), L Rock Side(&), Recove on R(2),  
3 & 4      L Cross over R(3), R Rock Side(&), Recove on L(4),  
5 & 6 &      1/4 Turn R Crossing R over L(5), Step On Ball Of L(&), 1/4 Turn R Crossing R over L(6), Step  
On Ball Of L(&),  
7 8      1/4 Turn R Crossing R over L(7), Close L Beside R(8),

## SEC 4. MAMBO FWD, COASTER, SYNCOPATED JAZZ BOX, FWD RF, BESIDE TOUCH

1 & 2      Lock Fwd R(1), Recover L(&), Step R Next L(2),  
3 & 4      Step L Back(3), Step R Next to L(&), Step L Fwd(4),  
5 6 &      Cross R Over L(5), Step L Back(6), Step R to R(&),  
7 8      Step Fwd on L(7), Touch L Beside R(8),

HAVE A GREAT DANCE TIME !!!

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