Lay Down Sally

拍数: 64   **墙数:** 4   **级数:** Improver

编舞者: Larry Brancheau (USA) - October 2023

音乐: Lay Down Sally - Eric Clapton

Intro: 32 Counts & start with music

Part A: Music & Verses

Heel, Toe, Heel, Toe, Out, In, Out, In

1-4	Touch R heel, touch R toe, touch R heel, touch, R toe
5-8	Touch R toe side, touch R toe together, touch R toe side, step R together

Heel, Toe, Heel, Toe, Out, In, Out, In

1-4	Touch L heel, touch L toe, touch L heel, touch L toe
5-8	Touch L toe side, touch L toe together, touch L toe side, step L together

Forward Mambo, Back Mambo

1&2	Rock R forward, recover L, step R together
3&4	Rock L back, recover R, step L together

Side Mambo, ¼ Turn Sailor Step

5&6	Rock R side, recover L, touch R together
7&8	Step L behind, ¼ turn left, step R, step L

Repeat

The sung verses drop the last section in the 2nd verse.
Go directly to Part B.

Part B: Refrain 'Lay Down Sally' (Always done after the sung verses)
(16 Counts – turning right, dance to the corners, then proceed to the 16 counts of the 2nd section of Part B)

Side, Side, ¼ Turn Coaster Step

1-2	Step R side, step L side
3&4	Step R back, step L together, step R forward (execute ¼ turn with the 3 steps)
5-6	Step L side, step R side
7&8	Step L back, step R together, step L forward (execute ¼ turn with the 3 steps)

Repeat once, returning to line of dance

Side, Side, Coaster Step, ½ Pivot, Shuffle

1-2	Step R side, step L side
3&4	Step R back, step L together, step R forward
5-6	Step L forward, ½ turn right, step R
7&8	Shuffle forward LRL

Repeat once, returning to line of dance

Go Back to Part A

Note:
After the 3rd time dancing to part B, even though 'Lay Down Sally' is sung immediately again, Go back to Part A.