

# Easy on a Heart

拍数: 40      墙数: 2      级数: Improver  
编舞者: Jim Sandham (UK) - October 2023  
音乐: Easy On A Heart - Alex Hall



Intro : 24 counts

## Section 1 Side Together,Side Chasse,Cross Rock,Side Chasse

1-2            step right to right side,step left to right  
3&4           right step side,left together,right step side  
5-6           cross left over right,recover onto right  
7&8           left step to side,right together,left step side

## Section 2 Weave left,cross rock,¼ turn shuffle

1-2            cross right over left,step left to side  
3-4            cross right behind left,step left to side  
5-6            cross right over left,recover onto left  
7&8            ¼ turn right stepping right,left right

## Section 3 Cross Point,Cross Point,Jazzbox

1-2            cross left over right,point right to side  
3-4            cross right over left,point right to side  
5-6            cross left over right,step back on right  
7-8            step left beside right,touch right beside left

## Section 4 Right Shuffle,Rock Recover,¾ turn Shuffle

1&2            step right forward,left together,right forward  
3-4            rock forward on left,recover onto right  
5&6            ¾ turn left stepping left,right,left  
7-8            rock forward right,recover onto left

## Section 5 ½ turn Shuffle,½ turn Shuffle,Rock Recover,Walk Walk

1&2            ½ turn shuffle right stepping right,left,right \*\*\*  
3&4            ½ turn shuffle right stepping left,right,left  
5-6            rock back on right recover onto left  
7-8            walk forward right,left

Alternative steps for 1-4 right shuffle back,left shuffle back