

# All For U

拍数: 48                      墙数: 1                      级数: Phrased Improver  
编舞者: Naning Olala (INA), Astri Dwi (INA) & Diana Hakim (INA) - October 2023  
音乐: All for U (Ameyatchi) - King Serenity, Locko & Sergio Alejandro



Sequences : AA BB AA A(16c) BB A BB

Intro : 16 Count  
Part A = 32 Count

## S1. MAMBO STEP, SCISSOR STEP, CHASSE

1&2                      Rock R fwd - Recover on L - Step R back  
3&4                      Rock L Back - Recover on R - Step L fwd  
5&6                      Step R to side - Step L together - Cross R over L  
7&8                      Step L to side - Step R together - Step L to side

## S2. CROSS ROCK, CHASSE, FORWARD ROCK, COASTER STEP

1-2                      Rock R over L - Recover on L  
3&4                      Step R to side - Step L together - Step R to side  
5-6                      Rock L fwd - Recover on R  
7&8                      Step L back - Step R together - Step L Fwd

## S3 WALK FORWARD R,L,R TOGETHER, SIDE MAMBO

1-4                      Step R fwd - Step L fwd - Step R fwd - Step L together  
5&6                      Rock R to side - Recover on L - Step R together  
7&8                      Rock L to side - Recover on R - Step L together

## S4. WALK BACK R,L,R TOGETHER, SIDE MAMBO

1-4                      Step R back - Step L back - step R back - Step L together  
5&6                      Rock R to side - Recover on L - Step R together  
7&8                      Rock L to side - Recover on R - Step L together

Part B = 16 Count

## S1. SIDE TAP, FLICK TURN 1/4 LEFT, SIDE TOUCH WITH HIPS MOVE

1-2                      Tap R to side - Flick R side make 1/4 turn left  
**Note: During This Flick you can lift L foot of the floor**  
3&4                      Touch R to side and push hips to right – Push hips to left – Push hips to right  
5-6                      Rock R to side - Turn 1/4 Left with Flick and Recover on L  
7&8                      Touch R to side and push hips to right – Push hips to left – Push hips to right

## S2. FORWARD ROCK, BACK SHUFFLE WITH CLAP, BACK ROCK, FORWARD SHUFFLE WITH CLAP

1-2                      Rock R fwd - Recover on L  
3&4                      Step R Back with Clap - Step L together - Step R back with Clap  
5-6                      Rock L back - Recover on R  
7&8                      Step L fwd With Clap - Step R together- Step L fwd with Clap.

Repeat Part B 16C ( Face 6 o'clock )

Last Update - 3 Oct. 2023 - R1