

# Lupakan Cinta

拍数: 32                      墙数: 2                      级数: Intermediate NC2S  
编舞者: Sweet Five (INA) & Roosamekto Mamek (INA) - October 2023  
音乐: Lupakan Cinta - Rossa



Intro : 16 count (approximately 00:16)

TAG. 1 : On wall 2, 4 & 6 after 17 count

TAG. 2 : End of wall 3

## S1. BACK WITH SWEEP, COASTER STEP, TRAVELING PIVOT FULL TURN LEFT, MODIFIED MAMBO CROSS

1-2&                      Step L back sweep R back – Step R back – Step L together (12:00)  
3-4&                      Step R forward – Step L forward – Turn 1/2 left step R back (6:00)  
5-6&                      Turn 1/2 left step L forward (12:00) – Rock R to side – Recover on L  
7-8&                      Cross R over L – Rock L to side – Recover on R (12:00)

## S2. VINE RIGHT, CROSS ROCK, FORWARD TURN 1/4 LEFT WITH SWEEP, WEAVE, SAILOR STEP TURN 1/4 LEFT

1-2&                      Cross L over R – Step R to side – Cross L behind R (12:00)  
3-4&                      Step R to side – Cross/Rock L over R – Recover on R  
5-6&                      Turn 1/4 left step L forward and sweep R forward (9:00) – Cross R over L – Step L to side  
7-8&                      Cross R behind L and sweep L back – Turn 1/4 left cross L behind R (6:00) – Step R to side

## S3. RUN FORWARD R-L-R, FORWARD ROCK, BASIC NIGHT CLUB STEP L & R

1-2&                      Step L forward – Step R forward – Step L forward (6:00)  
3-4&                      Step R forward – Rock L forward – Recover on R  
5-6&                      Step L to side – Step R behind L – Cross L over R  
7-8&                      Step R to side – Step L behind R – Cross R over L (6:00)

## S4. BACK TURN 1/4 RIGHT, SPIRAL 1/4 TURN RIGHT, FORWARD TURN 1/4 RIGHT, RUN FORWARD L - R WITH HITCH, RUN BACK L - R, BACK ROCK, BACK TURN 1/2 RIGHT, BACK ROCK, STEP BACK TURN 1/4 LEFT

1-2&                      Turn 1/4 right step L back and continue make 1/4 spiral turn right (12:00) – Turn 1/4 right step R forward – Step L forward (3:00)  
3-4&                      Step R forward and hitch L knee up – Step L back – Step R back  
5-6&                      Rock L back – Recover on R – Turn 1/2 right step L back (9:00)  
7-8&                      Rock R back – Recover on L – Turn 1/4 left step R back (6:00)

## REPEAT

Tag. 1 (3 count): On wall 2, 4, & 6 after 17 count

### MAMBO CROSS, SIDE ROCK

1&2                      Rock R to side – Recover on L – Cross R over L  
3&                      Rock L to side – Recover on R

TAG. 2 (4 count) : End of wall 3

### BACK, COASTER STEP, FORWARD, TOGETHER

1-2&                      Step L back – Step R back – Step L together  
3-4&                      Step R forward – Step L forward – Step R together

For more info about step sheet & song, please contact:

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