

Friendly

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Henrik Grønvold (NOR) - October 2023
音乐: Friendly - Anita Skorgan & Jan Teigen



Walk Forward, Triple Step, Walk Back, Coaster Step

1,2 Step RF forward, step LF forward
3&4 Step RF beside LF, step LF in place, step RF beside LF
5,6 Step LF back, step RF back
7&8 Step LF back, step RF beside LF, step LF in front of RF

Slide R, Rock Step, Slide L, Rock Step

1,2 Step RF to R side, drag LF slightly up to RF
3,4 Step LF behind RF, weight forward onto RF
5,6 Step LF to L side, drag RF slightly up to LF
7,8 Step RF behind LF, weight forward onto LF

Vine R, Rock Cross Step, Hold

1,2 Step RF to R, Step LF behind RF
3,4 Step RF to R, cross LF over RF
5,6 Step RF to R, step LF in place
7,8 Cross RF over LF, Hold

Rock Step L, Rock Step Back, Jazz Box ¼ Turn L

1,2 Step LF to L, weight back onto RF
3,4 Step LF back, weight forward onto RF
5,6 Cross LF over RF, step RF slightly back
7,8 Step LF a ¼ turn L, touch RF beside LF

Restart: On wall 4, dance the first 8 count & start from beginning.

Note: Triple Step in section 1 can be modified to a anchor step

Enjoy ☐