I Loved You Then



拍数: 32 墙数: 4 级数: Intermediate

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音乐: Then - Brad Paisley



Intro: 16 Counts, Start at approx 12 secs

SEC 1 Step Sweep, Weave Sweep, Behind, Side, Cross Rock, Side, Cross Rock, ¼ Step

1 Step right forward sweeping left from back to front

2&3 Cross left over right, step right to right, step left behind right sweeping right from front to back

4& Step right behind left, step left to left

*Restart Here on Wall 8, add the following 2ct tag then restart facing 6:00

*1-2 Sway right, sway left

5-6& Cross rock right over left, recover weight onto left, step right to right

7-8& Cross rock left over right, recover weight onto right, turn ½ left step left forward (9:00)

Restart Here on Wall 3, change "&" count to step left to left then restart facing 6:00

SEC 2 Step, Step, ½ Pivot, Step, Full Turn, Step Sweep, ¼ Diamond

1 Step right forward

2&3 Step left forward, pivot ½ right transferring weight on to right, step left forward (3:00)

4& Turn ½ left step right back, turn ½ left step left forward (3:00)

5 Step right forward sweeping left from back to front

6&7 Cross left over right, step right to right, turn 1/8 left step left back (1:30)

8& Step right back, turn 1/₃ left step left to left (12:00)

SEC 3 Cross Rock, Side Rock, Sailor Step, Back Sweep, Back Sweep, Back Sweep

1& Rock right forward, recover weight onto left2& Rock right to right, recover weight onto left

3&4 Step right behind left, step left to left, step right to right

Step left back sweeping right from front to back
Step right back sweeping left from front to back
Step left back sweeping right from front to back

SEC 4 Sailor Side Rock, 1/4 Recover, Step Lock Step, Rocking Chair, Step Full Spiral, Shuffle

8& Step right behind left, step left to left

1-2 Rock right to right, turn ¼ left recover weight onto left (9:00) 3&4 Step right forward, lock left behind right, step right forward

5&6& Rock left forward, recover weight onto right, rock left back, recover weight onto right

7 Step left forward spiral full turn right hooking right over left (9:00)

8& Step right forward, step left beside right (9:00)

Note Last step of shuffle is first step of the dance

Have fun x