

# Good Time

COPPERKNOB  
STEPPSHEETS

拍数: 32      墙数: 2      级数: Beginner Contra  
编舞者: Elisabeth Elkuch-Heid (CH/LIE) - September 2023  
音乐: Good Time - Sheppard



## [1-8] Walk Fwd L, R, Shuffle L Fwd, Walk Fwd R, L, Shuffle R Fwd

1,2      Walk Fwd L, R  
3&4      Step L Fwd, Step R beside/behind L, Step L Fwd  
5,6      Walk Fwd R, L  
7&8      Step R Fwd, Step L behind R, Step R Fwd

## [9-16] Step Turn 1/4 R, Cross Shuffle, HipSways R-L-R-L (optional Flick L on 8) (3)

1,2      Step L Fwd, 1/4 Turn R (Weight R)  
3&4      Step Cross L over R, Step R to R, Step Cross L over R  
5,6      Step R to R and move Hips to R, to L  
7,8      Hip Sway to R, L (with Flick R optional) (3)

## Restart here during Wall 2 & 7: Step Change & 1/4 Turn R: 7,8&

7,8 &      Hip Sway R, L - then Change your Weight to R with 1/4 Turn R

## [17-24] Side Together, Shuffle 1/4 Turn R, Rocking Chair (6)

1,2      Step R to R, Step L next to R  
3&4      1/4 Turn R with Step R Fwd, Step L behind R, Step R Fwd  
5-8      Rock L Fwd, Recover R, Rock L Back, Recover R (6)

## [25-32] Toe Heel Stomp 2x, Mambo L, Mambo R

1&2      Touch L Toe next to R, Touch L Heel next to R, Stomp L Fwd  
3&4      Touch R Toe next to L, Touch R Heel next to L, Stomp R Fwd  
5&6      Rock L Fwd, Recover R, Step L Back  
7&8      Rock R Back, Recover L, Step R Fwd

## Tag: After Wall 3 add: Rocking Chair

1-4      Rock L Fwd, Recover R, Rock L Back, Recover R

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Lizzy's Line Dance