

C'est La Vie

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Low Intermediate
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音乐: C'est la Vie - MIKA



Intro: 32 Counts

No Tag, 1 Restart: After 32 counts on 5th Wall

#1 Side Shuffle, 1/2L Side Shuffle, Syncopated Jazz Box, Cross Shuffle

1&2 Step RF to right side, step LF next to RF, step RF to right side
3&4 Turn 1/2 left stepping LF to left side(6:00), step RF next to LF, step LF to left side
5 6& Cross RF over LF, step LF back, step RF to right side
7&8 Cross LF over RF, step RF next to LF, cross LF over RF

#2 1/2R Cross Shuffle, Side Rock, Recover, Coaster, Walk, Walk

1&2 Turn 1/2 right crossing RF over LF(12:00), step LF next to RF, cross RF over LF
3 4 Rock LF to left side, recover weight on RF
5&6 Step LF back, step RF next to LF, step LF forward
7 8 Step RF forward, step LF forward(Option: Boogie Walk RF and LF)

#3 Out, Out, 1/4R Sailor, Out, Out, 1/2L Sailor

1 2 Step RF diagonal forward, step LF to diagonal left
3&4 Turn 1/4 right stepping RF back(3:00), step LF next to RF, step RF to right side
5 6 Step LF diagonal forward, step RF to diagonal right
7&8 Turn 1/2 left stepping LF back(9:00), step RF next to LF, step LF to left side

#4 Fwd Rock, Recover, 1/2R, 1/2R, Back Rock, Recover, 1/2L, 1/4L

1 2 Rock RF forward, recover weight on LF
3 4 Turn 1/2 right stepping RF forward(3:00), turn 1/2 right LF back(9:00)
5 6 Rock RF back, recover weight on LF
7 8 Turn 1/2 left stepping RF back(3:00), turn 1/4 left stepping LF to left side(12:00)

***Restart on Wall 5

#5 Dorothy R-L, Rocking Chair

1 2& Step RF diagonal forward, step LF behind RF, step RF diagonal forward
3 4& Step LF diagonal forward, step RF behind LF, step LF diagonal forward
5 6 Rock RF forward, recover weight on LF
7 8 Rock RF back, recover weight on LF

#6 Side, Behind, Side Shuffle, Cross Rock, Recover, 1/4L Side Shuffle

1 2 Step RF to right side, step LF behind RF
3&4 Step RF to right side, step LF next to RF, step RF to right side
5 6 Rock LF cross over RF, recover weight on RF
7&8 Step LF to left side, step RF next to LF, turn 1/4 left stepping LF forward(9:00)

#7 (Toe Strut, 1/4L Toe Strut) x2

1 2 Touch RF' toe in front of LF, drop RF's heel down
3 4 Turn 1/4 left touching LF' toe in front of RF(6:00), drop LF's heel down
5 6 Touch RF' toe in front of LF, drop RF's heel down
7 8 Turn 1/4 left touching LF' toe in front of RF(3:00), drop LF's heel down

#8 Jazz Box, Cross, 1/4R Monterey Turn

1 2 Cross RF over LF, step LF back

3 4 Step RF to right side, cross LF over RF
5 6 Point RF to right side, turn 1/4 right stepping RF next to LF
7 8 Point LF to left side, step LF next to RF

Ending: After 32 counts on 7th wall

*** Enjoy Dancing!!**

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