

Easy on a Heart

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Jean-Marc RAFFANEL (FR) - September 2023
音乐: Easy On A Heart - Alex Hall



start dance after 16 counts

section 1 : SIDE, TOGETHER, TRIPLE SIDE, CROSS ROCK, TRIPLE ¼ TURN L FWD

1-2 step Rf on side, step Lf next to Rf
3&4 step Rf on side ? Step Lf next to Rf , step Rf on side
5-6 cross Lf over Rf, recover onto Rf
7&8 ¼ turn L step Lf fwd, step Rf next to Lf, step Lf fwd 9:00

section 2 : ROCK FWD, COASTER STEP, ROCK FWD, COASTER STEP

1-2 step Rf fwd, recover onto Lf
3&4 step Rf back, step Lf next to Rf, step Rf fwd
5-6 step Lf fwd, recover onto Rf
3&4 step Lf back, step Rf next to Lf, step Lf fwd

RESTART HERE ON WALL 2 facing 6:00

section 3 : SIDE, TOGETHER, TRIPLE SIDE, CROSS ROCK, TRIPLE SIDE

1-2 step Rf on side, step Lf next to Rf
3&4 step Rf on side, step Lf next to Rf, step Rf on side
5-6 cross Lf over Rf recover onto Rf
7&8 step Lf on side, step Rf next to Lf, step Lf on side

section 4 : WALK, WALK, TRIPLE FWD, ROCK STEP, COASTER STEP

1-2 step Rf fwd, step Lf fwd
3&4 step Rf fwd, step Lf next to Rf, step Rf fwd
5-6 step Lf fwd, recover onto Rf
7&8 step Lf back, step Rf next to Lf, step Lf fwd

TAG wall 8 facing 12:00 : HEEL, TOGETHER, HEEL ¼ TURN L, TOGETHER

1-2 heel Rf fwd, step Rf next to Lf
3-4 ¼ turn L heel Lf fwd ; step Lf next to Rf 9:00

start again with smile

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