

# Heaven & Back

COPPERKNOB  
STEPPERS

拍数: 32      墙数: 4      级数: Improver  
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音乐: Heaven + Back - Dan + Shay



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## #16 Count Intro, Start On Lyrics, Track Length 3.09

### S1 Step, Hold, & Step Hold, Rock Replace Shuffle 1/2 R

1.2&      Step R forward (1), HOLD (2), Bring L to R (&) 12  
3.4&      Step R forward (3), HOLD (3), Bring L to R (&) 12  
5.6      Rock forward R, Replace weight on L 12  
7&8      Shuffle 1/2 R, R.L.R 6

### S2 Step, Hold, & Pivot 1/4 L, Cross Shuffle, 1/4 L, 1/2 L

1.2&      Step forward L (1), Hold (2), Bring R to L (&) 6  
3.4      Step forward L, Pivot 1/4 R (weight on R) 9  
5&6      Cross L over R, Step R to R, Cross L over R 9  
7.8      1/4 step back on R, 1/2 L step forward L 12

**\*\* Restart Wall 6 Here**

### S3 Rocking Chair, Jazz Box 1/4 R

1.2      Rock forward R, Replace weight on L 12  
3.4      Rock back on R, Replace weight on L 12  
5.6      Cross R over L, Step L back 12  
7.8      1/4 R step R to R, Step L forward 3

**\* Restart Wall 4 Here**

### S4 Rock Replace, 1/4 R, Cross L, 1/4 L, 1/2 L, Walk R.L

1.2      Rock forward R, Replace weight on L 3  
3.4      1/4 R step R to R, Cross L over R 6  
5.6      1/4 Step back on R, 1/2 L step forward 9  
7.8      Walk forward R. Walk forward L 9

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