

Should I Do It

拍数: 32 墙数: 4 级数: Beginner
编舞者: Answorth Robinson (USA) - September 2023
音乐: Should I Do It - The Pointer Sisters



Intro: 32 counts

TRIPLE RIGHT, ROCK BACK, RECOVER, TRIPLE LEFT, ROCK BACK, RECOVER

1&2 Step right foot to right side, step together with left foot, step right foot to right side
3-4 Rock back with ball of left foot, replace weight forward to right foot
5&6 Step left foot to left side, step together with right foot, step left foot to left side
7-8 Rock back with ball of right foot, replace weight forward to left foot

TRIPLE RIGHT, ROCK BACK, RECOVER, TRIPLE LEFT, ROCK BACK, RECOVER

1&2 Step right foot to right side, step together with left foot, step right foot to right side
3-4 Rock back with ball of left foot, replace weight forward to right foot
5&6 Step left foot to left side, step together with right foot, step left foot to left side
7-8 Rock back with ball of right foot, replace weight forward to left foot

RIGHT HEEL, LEFT HEEL, RIGHT HEEL, LEFT HEEL

1-2 Touch right heel forward (1), step right heel back next to left (2)
3-4 Touch left heel forward (3), step left heel back next to right (4)
5-6 Touch right heel forward (5), step right heel back next to left (6)
7-8 Touch left heel forward (7), step left heel back next to right (8)

STEP TOUCH, STEP TOUCH, STEP TOUCH, STEP TOUCH

1-2 Step right to right (1), touch left next to right (2)
3-4 Step left ¼ turn left (3), touch right next to left (4)
5-6 Step right to right (5), touch left next to right (6)
7-8 Step left to left (7), touch right next to Left (8)

Begin again.

TAG: 32 counts - 1 only Wall 7 facing 6:00

ZIG ZAG STEPS FORWARD RIGHT-LEFT-RIGHT-LEFT

1-2 Step R forward at a diagonal (1), touch L next to R (2)
3-4 Step L forward at a diagonal (3), touch R next to L (4)
5-6 Step R forward at a diagonal (5), touch L next to R (6)
7-8 Step L forward at a diagonal (7), touch R next to L (8)

HIP CIRCLES - RIGHT, LEFT, RIGHT, LEFT (aka, Funky Four Corners)

1-2 Circle hips right
3-4 Circle hips left
5-6 Circle hips right
7-8 Circle hips left

ZIG ZAG STEPS BACK RIGHT-LEFT-RIGHT-LEFT

1-2 Step R back at a diagonal (1), touch L next to R (2)
3-4 Step L back at a diagonal (3), touch R next to L (4)
5-6 Step R back at a diagonal (5), touch L next to R (6)
7-8 Step L back at a diagonal (7), touch R next to L (8)

HIP CIRCLES - RIGHT, LEFT, RIGHT, LEFT (aka, Funky Four Corners)

1-2 Circle hips right
3-4 Circle hips left
5-6 Circle hips right
7-8 Circle hips left

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