

If I Ever

拍数: 32 墙数: 4 级数: Improver
编舞者: Lauren Howe (SCO) - September 2023
音乐: If I Ever - Conor Maynard



Intro: Start on the word CHANGE (approx 4secs)

S1 – WALK, WALK, ANCHOR STEP, HALF STEP, QUARTER STEP, WEAVE

1-2 Step right forward, step left forward
3&4 Rock right back, recover weight onto left, rock right back
5-6 Turn ½ left stepping onto left forward, turn ¼ left step right to right
7&8 Step left behind right, step right to right, cross left over right

S2 – SIDE ROCK, SAILOR STEP, QUARTER SAILOR STEP, WALK, WALK

1-2 Rock right to right, recover weight on to left
3&4 Step right behind left, step left to left, step right to right
5&6 Turn ¼ left step left behind right, step right to right, step left forward
7-8 Step right forward, step left forward

S3 – ROCK, RECOVER, CLOSE ROCK, RECOVER, SHUFFLE BACK, BACK, TOUCH

1-2& Rock forward on right, recover on left, close right next to left
3-4 Rock forward on left, recover on right
5&6 Step back on left, close right next to left, step back on left
7-8 Step back on right, touch left next to right

S4 – STEP, TOUCH, SHUFFLE, ROCK, RECOVER, SAILOR QUARTER

1-2 Step left forward, touch right next to left
3&4 Step forward on right, close left next to right, step forward on right
5-6 Rock forward on left, recover on right
7&8 Turn ¼ left step left behind right, step right to right, step left forward

Tag: End of walls 3 (16 counts)

PART 1 - ROCK FORWARD, SHUFFLE BACK, ROCK BACK, SHUFFLE FORWARD

1-2 Rock forward on right, recover on left
3&4 Step back on right, close left next to right, step back on right
5-6 Rock back on left, recover on right
7&8 Step forward on left, close right next to left, step forward on left

PART 2 – ROLLING VINE RIGHT, ROLLING VINE LEFT

1-2 Turn ¼ right stepping right forward, turn ½ right stepping back
3-4 Turn ¼ right stepping right to right, touch left beside right
5-6 Turn ¼ left stepping left forward, turn ½ left stepping back right back
7-8 Turn ¼ left stepping left to left, touch right beside left

Last Update - 25 Sept. 2023 - R1