

At Your Worst

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Judy Rodgers (USA) - September 2023
音乐: At Your Worst - Calum Scott : (Amazon.com)



Start: 4 seconds in on word 'worst' - No tags or restarts

S1: K-step

1-2 Step R fwd to right diagonal, touch/clap L beside R
3-4 Step L back to center, touch/clap R beside L
5-6 step R back to R diagonal, touch/clap L beside R
7-8 Step L fwd to center, touch/clap R beside L

S2: Walk walk, step turn 1/4 L, right toe strut, left toe strut

1-2 Walk fwd R and L
3-4 Step R fwd, turn 1/4 left step L to left side 9:00
5-8 Step R toe fwd, step down on R, step L toe fwd, step down on L

S3: Cross side behind side, rocking chair

1-2 Cross R over L, step L to left side
3-4 Step R behind L, step L to left side
5-8 Rock R fwd, recover L, rock R back, recover L

S4: Step brush step brush, jazz box

1-2 Step R fwd, brush L fwd
3-4 Step L fwd, brush R fwd
5-8 Cross R over L, step L back, step R to right side, step L fwd

**Ending: Dance ends on the 11th wall (3rd time you turn to face 6:00 o'clock)....
step R fwd, turn 1/2 L to face front and smile!!**

**Note: for a more challenging dance, change: S4...counts 5-8 to make a 1/2 turn right:
Jazz box turn 1/2 R (cross, turn 1/4 R step L back , turn 1/4 R fwd, step L fwd) 3:00**