

Body Count

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Kuk Kumson (KOR) - September 2023
音乐: Body Count - Jason Derulo



****Intro: 16 counts - **No Tag, No Restart**

Sec. 1) Forward Walks (R, L), Kick, Out, Out, Touch Back, 1/2R, 1/4R, Hip Down

1-2 RF forward (1), LF forward (2)
3&4 Kick RF forward (3), RF diagonal R out (&), LF diagonal L out (4)
5-6 Touch RF back (5), 1/2R stepping RF (6) (6:00)
7-8 1/4R LF to L side (7) (9:00), RF knee up and hip down to L (8)

Sec. 2) Body Rolls, & Cross, Back, Side, Cross, Point

1-4 Body rolls slightly diagonally to R, 4counts from top of chest to down of hips (1-2-3-4)
&5-6 RF next to LF (&), Cross LF over RF (5), RF back (6)
&7-8 LF to L side (&), Cross RF over LF (7), Touch LF to L side (8)

Sec. 3) Sailor 1/2L, Dorothy Step (R, L), Step, Pivot 1/2L

1&2 LF behind RF (1), 1/4L RF to R side (&) (6:00), 1/4L cross LF over RF (2) (3:00)
3-4& RF diagonal R forward (3), Lock LF behind RF (4), RF forward (&)
5-6& LF diagonal L forward (5), Lock RF behind LF (6), LF forward (&)
7-8 RF forward (7), Pivot 1/2L (8) (9:00)

Sec. 4) Full Turn, Forward Rock, Recover, Anchor Step (R, L)

1-2 1/2L RF back (1) (3:00), 1/2L LF forward (2) (9:00)
3-4 Rock RF forward (3), Recover on LF (4)
5&6 Rock RF back (5), Recover on LF (&), RF back (6)
7&8 Rock LF back (7), Recover on RF (&), LF back (8)

Sec. 5) Forward Walks (R, L), Syncopated V Step, Step, 1/2L, Coaster Step

1-2 RF forward (1), LF forward (2)
&3&4 RF diagonal R out (&), LF diagonal L out (3), RF back (&), LF next to RF (4)
5-6 RF forward (5), 1/2L weight on RF (6) (3:00)
7&8 LF back (7), RF next to LF (&), LF forward (8)

Sec. 6) Forward Shuffle, Step, Pivot 1/2R, 1/2R Back Shuffle, Back Rock, Recover

1&2 RF forward (1), LF behind RF (&), RF forward (2)
3-4 LF forward (3), Pivot 1/2R (4) (9:00)
5&6 1/2R LF back (5) (3:00), Cross RF over LF (&), LF back (6)
7-8 Rock RF back (7), Recover on LF (8)

Sec. 7) Point, Hold, & Point & Point, & Body Roll, & Side, Touch

1-2 Touch RF to R side (1), Hold (2)
&3&4 RF next to LF (&), Touch LF to L side (3), LF next to RF (&), Touch RF to R side (4)
&5-6 LF next to RF (&), Body rolls slightly diagonally to R, 2counts from top of chest to down of hips (5-6)
&7-8 RF next to LF (&), LF to L side (7), Touch RF next to LF (8)

Sec. 8) 1/4R, 1/2R, 1/2R Forward Shuffle, Jazz Box, Touch

1-2 1/4R RF forward (1) (6:00), 1/2R LF back (2) (12:00)
3&4 1/2R RF forward (3) (6:00), LF behind RF (&), RF forward (4)
5-8 Cross LF over RF (5), RF back (6), LF to L side (7), Touch RF next to LF (8)

Email: kukums28@gmail.com
