

# Gotta Pull Myself Together

**COPPER** KNOB  
STEPPERS

拍数: 32      墙数: 4      级数: Beginner  
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音乐: Gotta Pull Myself Together - The Nolans



Intro : 32

No tag, No restart

## ( 1 - 8 ) DIAGONAL LOCK , DIAGONAL LOCK SUFFLE

1, 2            Step Rf Fwd Diagonal R, Lock Lf behind Rf  
3 & 4          Step Rf Fwd, Lock Lf behind Rf, Step RF Fwd  
5, 6           Step Lf Fwd Diagonal L, Lock Rf behind Lf  
7 & 8          Step Lf Fwd, Lock Rf behind Lf, Step Lf Fwd

## (9-16) ROCK STEP, 1/4 R CHASSE WEAVE with TOUCH

1, 2            Rock Rf Fwd, Recover onto Lf  
3 & 4          Turn 1/4 R Stepping Rf to R, Close Lf next to Rf, Step Rf to R  
5,6,7,8       Cross Lf over Rf, Step Rf to R, Cross Lf behind Rf, Touch Rf to R

## (17-24) ROCK FWD, COASTER STEP

1, 2            Rock Rf Fwd, Recover onto Lf  
3 & 4          Step Rf back, Close Lf next to Rf, Step Rf Fwd  
5, 6           Rock Lf Fwd, Recover onto Rf  
7 & 8          Step Lf back, Close Rf next to Lf, Step Lf Fwd

## (25-32) CROSS TOUCH 2X, OUT OUT, IN IN

1,2,3,4       Cross Rf over Lf, Touch Lf to L, Cross Lf over Rf, Touch Rf to R  
5,6,7,8       Step Rf Fwd Diagonal R, Step Lf Fwd Diagonal L, Step Rf back to center, Close Lf next to Rf

Happy Dancing

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