Dancing Hearts



拍数: 48 墙数: 4 级数: Beginner

编舞者: M. Vasquez (UK) - September 2023

音乐: Their Hearts Are Dancing - The Forester Sisters



[1-12] Waltz Balance - Forward, Back, Right Twinkle

1-3	Step forward on L foot, Step R foot next to L, Step L in place
4-6	Step back on R foot, Step L foot next to R, step R in place
7-9	Step back on L foot, Step R foot next to L, Step L foot in place

10-12 Cross R foot in front of L, Step L foot to L side, Step R foot to the R side

[13-24] Cross, Behind, Slide, Left Twinkle, Right Twinkle, Left Slow Sailor

1-3	Cross L foot behind R, Step R foot to R side, Slide L foot to R
4-6	Cross L foot in front of R, Step R foot to R side, Step L foot to L side
7-9	Cross R foot in front of L, Step L foot to L side, Step R foot to R side
10-12	Cross L foot behind R, Step R foot to R side, Step L foot to L side

[25-36] Right Slow Sailor, Left 1\4 Pivot Turn, Side, Slide, Right Cross Rock, Recover, Left Cross Rock Recover

1-3	Cross R foot behind L, Step L foot to L side, Step R foot to R side
4-6	On ball of R Foot pivot ¼ L, Step L foot to L side, Slide R foot next to L
7-9	Cross/rock R foot over L, Recover back on L, Step R foot in place
10-12	Cross/rock L foot over R, Recover back on R. Step L foot in place

[37-48] Left Weave, Sweep, Behind, Side, Waltz Balance Step with 1/2 Turn Left

	1-3	Cross R foot over L,	Step L foot to	L side, Cross R	foot behind L
--	-----	----------------------	----------------	-----------------	---------------

Sweep Left foot front to back, step back on Left foot, Step R foot to R side

Step forward on L foot turning ½ L, Step R foot next to L, Step L foot in place

10-12 Step back on R foot, Step L foot next to R, Step R foot in place

E-mail: matt.vasquez@rocketmail.com