

# Dancing Hearts

拍数: 48      墙数: 4      级数: Beginner  
编舞者: M. Vasquez (UK) - September 2023  
音乐: Their Hearts Are Dancing - The Forester Sisters



## [1-12] Waltz Balance – Forward, Back, Right Twinkle

1-3            Step forward on L foot, Step R foot next to L, Step L in place  
4-6            Step back on R foot, Step L foot next to R, step R in place  
7-9            Step back on L foot, Step R foot next to L, Step L foot in place  
10-12        Cross R foot in front of L, Step L foot to L side, Step R foot to the R side

## [13-24] Cross, Behind, Slide, Left Twinkle, Right Twinkle, Left Slow Sailor

1-3            Cross L foot behind R, Step R foot to R side, Slide L foot to R  
4-6            Cross L foot in front of R, Step R foot to R side, Step L foot to L side  
7-9            Cross R foot in front of L, Step L foot to L side, Step R foot to R side  
10-12        Cross L foot behind R, Step R foot to R side, Step L foot to L side

## [25-36] Right Slow Sailor, Left 1/4 Pivot Turn, Side, Slide, Right Cross Rock, Recover, Left Cross Rock Recover

1-3            Cross R foot behind L, Step L foot to L side, Step R foot to R side  
4-6            On ball of R Foot pivot 1/4 L, Step L foot to L side, Slide R foot next to L  
7-9            Cross/rock R foot over L, Recover back on L, Step R foot in place  
10-12        Cross/rock L foot over R, Recover back on R. Step L foot in place

## [37-48] Left Weave, Sweep, Behind, Side, Waltz Balance Step with 1/2 Turn Left

1-3            Cross R foot over L, Step L foot to L side, Cross R foot behind L  
4-6            Sweep Left foot front to back, step back on Left foot, Step R foot to R side  
7-9            Step forward on L foot turning 1/2 L, Step R foot next to L, Step L foot in place  
10-12        Step back on R foot, Step L foot next to R, Step R foot in place

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