

Damelo

拍数: 64 墙数: 1 级数: Phrased Intermediate
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音乐: DAMELO (feat. Hard Lights) - DOLLA



SEQ : AAB - AAB - ABA

PART A

AI. WALK FWD , MAMBO STEP , STEP BACK , SAILOR STEP

1-2 Step fwd on R - L
3&4 Step R fwd , Recover on L , Step R back (do with Body Roll)
5-6 Step back on L - R
7&8 Cross L behind R , Step R to side , Step L to side

AII. EXTENDED WEAVE , CHASSE RIGHT WITH 1/2 TURN RIGHT

1&2& Cross R over L , Step L to side , Cross R behind L , Step L to side
3&4 Cross R behind L , Step L to side , Touch R behind L
5&6& Step R to side , Close L beside R , Step R to side , Close L beside R
7-8 1/4 turn right step R fwd with sweep on L , 1/4 turn right Cross L over R (6.00)

AIII. PRESS DIAGONAL TOUCH FWD R - L , STEP SIDE WITH HIP ROLL R - L

1-2 Touch R diagonal fwd , Close R beside L
3-4 Touch L diagonal fwd , Close L beside R
5-6 Step R to side , Close R beside L (do with hip Roll)
7-8 Step L to side , Close L beside R (do with hi Roll)

AIV. PIVOT 1/2 TURN LEFT , LOCK SHUFFLE , MODIFIED JAZZBOX

1&2 Step R fwd , 1/2 turn left step L fwd , Step R fwd
3&4 Step L fwd , Step lock R behind L , Step L fwd with sweep on R to front
5&6 Cross R over L , Step L slightly diagonal back , Step R to side
&7-8 Cross L over R , Step R to side , Step L Close to R (option : 2 Count with bounce)

(OPTION) PIVOT 1/2 TURN LEFT , 1/2 TURN LEFT , 1/2 TURN HOP HOP , MODIFIED JAZZBOX

1-2 Step R fwd , 1/2 turn left step L fwd
3&4 1/2 turn left step R back , 1/4 turn left hopping both feet together (3.00) , 1/4 turn left hopping both feet together (12.00)
5&6& Cross R over L , Step L back , Step R to side , Step L fwd
7-8 Step press R to side , Close R beside L

PART B

BI. SWAY WITH BUMPS 2x , BALL CROSS

1-2 Sway on R , Sway on L ,
3&4 Sway on R to side , bump twice on L (up,down)
5-6 Sway on L , Sway on R
7&8 Sway on L to side , ball step R beside L , Cross L over R

BII. MODIFIED WITH 1/2 TURN RIGHT , OUT , OUT , COASTER 1/4 TURN LEFT

1-2 Stomp R to side , 1/4 turn right step R to side
3&4 1/4 turn right stomp R to side , Recover on L , Step R back
5-6 Step L diagonal out fwd , Step R diagonal out fwd
7&8 1/4 turn left Step L back , Close R beside L , Step L fwd (3.00)

BIII. STEP TOUCH FWD ,HIP ROLL , SYNCOPATED BACKWARD

&1-2 brush on R , Step R fwd , hip Roll

&3-4 Step back on R , Touch L fwd , Step L back Touch R fwd
5-6 Step R back ,Touch L fwd with hip
&-7 Step back on L , Touch R fwd
&-8 Step R back , Touch L fwd

BIV. BALL STEP , BOTAFOGO , 1/4 TURN LEFT , FULL TURN LEFT WITH CUG

&1&2 Close L beside R , Cross R over L , Step L to side , Step R diagonal fwd
3&4 Cross L over R , 1/4 turn left step R back , Step L to side (12.00)
5&6 1/4 turn left stomp R to side , Recover on L , 1/2 turn left stomp R to side
&7-8 Recover on L , 1/4 turn left stomp R to side , Close R beside L
