

# At Your Worst

**COPPER KNOB**  
STEPPEDETS

拍数: 32      墙数: 4      级数: Low Improver  
编舞者: Elisabeth Elkuch-Heid (CH/LIE) - September 2023  
音乐: At Your Worst - Calum Scott



## [1-8] Walk, Walk, Shuffle Fwd, Step 1/2 Turn R, Shuffle Fwd (6)

1,2      Walk R Fwd, Walk L Fwd  
3&4      Step R Fwd, Close L behind R, Step R Fwd  
5,6      Step L Fwd, 1/2 Turn R  
7&8      Step L Fwd, Close R behind L, Step L Fwd

## [9-16] Full Turn L, Shuffle Fwd R, Rocking Chair L

1,2      1/2 Turn L with Step R Back, 1/2 Turn L with Step L Fwd  
3&4      Step R Fwd, Close L behind R, Step R Fwd  
5-8      Step L Fwd, Recover R, Step L Back, Recover R

## [17-24] Step L Fwd, 1/4 Turn R (Weight R), Cross Shuffle, Side Rock, Cross Shuffle

1,2      Step L Fwd, 1/4 Turn R (9)  
3&4      Step Cross L over R, small Step R to R, Step Cross L over R  
5,6      Step R to R, Recover L  
7&8      Step Cross R over L, small Step L to L, Step Cross R over L

## [25-32] Paddle Turn Twice 1/4 R, Jazz Box, Scuff (3)

1,2      Step L Fwd, 1/4 Turn R (12)  
3,4      Step L Fwd, 1/4 Turn R (3)  
5-8      Step Cross L over R, Step R to R, Step L next to R, Scuff R

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Lizzy's Line Dance