

Mexican Tush Push

COPPER **KNOB**
BY STEPHEN

拍数: 48 墙数: 4 级数:
编舞者: Hillbilly Rick (USA) - September 2023
音乐: Hillbilly Rick's Mexican Tush Push (Faster) - Hillbilly Rick



Mexican Hat Dance Heel Switches plus the last part of Tush Push created by Jim Ferrazzano in 1981
Adapted to Mexican Tush Push by Hillbilly Rick from The Mexican Hat Dance
Song created by Jake Burton Music in Nashville and Hillbilly Rick
www.JakeBurtonMusic.com www.HillbillyRick.com HillbillyR@aol.com

Mexican Hat Dance Heel Switches

RIGHT LEFT RIGHT HEEL SWITCHES CLAP CLAP

SEC 1 - [1 to 8] count

1 2 - (1)R heel forward press (2) hold
& 3 - (&)R step back R (3)L heel forward press
4&5 - (4)hold (&)L step back L (5)R heel forward press
&6&7- (&)R step back R (6)L heel press (&)L step back L (7) R heel press
& 8 - hold (clap hand 2x)

LEFT RIGHT LEFT HEEL SWITCHES CLAP CLAP

SEC 2 - [9 to 16]count

&1 2 - (&)R step back R (1) L heel forward press (2)hold
& 3 - (&)L step back L (3)R heel forward press
4&5 - (4)hold (&)R step back R (5)L heel forward press
&6&7- (&)L step back L (6)R heel press (&)R step back R (7)L heel press
& 8 - hold (clap hand 2x)

RIGHT LEFT RIGHT HEEL SWITCHES CLAP CLAP

SEC 3 - [17 to 20]

&1&2 - (&)L step back L (1)R heel press (&)R step back R (2)L press L
&3&4 - (&)L step back L (3)R heel press (&4) hold *(clap hand 2x)

#28 BEATS TO MATCH THE LAST HALF OF THE 40 COUNT TUSH PUSH

BUMP HIPS RIGHT TWICE, BUMP HIPS LEFT TWICE, BUMP HIPS RIGHT AND LEFT TWICE

1-2 Rock right in place and bump hips right, bump hips right
3-4 Recover to left and bump hips left, bump hips left
5-8 Bump hips right, bump hips left, bump hips right, bump hips left (weight to left)

RIGHT FORWARD CHA-CHA, LEFT BACKWARD CHA-CHA

1&2 Step right forward, step left together, step right forward
3&4 Rock left forward, recover to right
5&6 Step left back, step right together, step left back
7-8 Rock right back, recover to left

RIGHT FORWARD CHA-CHA AND ½ TURN RIGHT, LEFT FORWARD CHA-CHA AND 1/4 TURN LEFT

1&2 Step right forward, step left together, step right forward
3&3 Step left forward, turn ½ right (weight to right)
5&6 Step left forward, step right together, step left forward
7-8 Step right forward, turn ¼ left (weight to left)

RIGHT FORWARD, 1/2 TURN LEFT, STOMP, AND CLAP.

1-2 Step right forward, turn 1/2 left (weight to left)

3-4

Stomp right together, clap

REPEAT

Note the heel switched during the Mexican Hat Dance music will be slower and more deliberate

But don't worry we have a faster wilder version for you if your ot faint of heart!

All videos on Hillbilly Rick you tube, please subscribe!

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