

Gonna Be Good

拍数: 32 墙数: 4 级数: High Intermediate
编舞者: Hiroko Carlsson (AUS) - September 2023
音乐: Gonna Be Good - Madeon : (Spotify/Apple Music/Deezer)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(Intro: 16 counts)

[S1] Fwd w/ 1/4L Drag, Side, Cross-Side-Behind Rock, Side, Behind-1/4R into 1/2R Hitch, Sway-Sway

- 1 2 Step forward with your R foot making a $\frac{1}{4}$ turn left as you step and dragging L foot close to R (9:00), Step L to the side
3&4& Cross R over L, Step L to the side, Rock R behind L, Replace weight on L
5 6& Step R to the side, Step L behind R, Make a $\frac{1}{4}$ turn right stepping forward on R-
7 8 - Making a further $\frac{1}{2}$ turn right on ball of R foot and step L to the side as you sway to the left (6:00), Sway to the right

[S2] Behind, Point, Cross-1/4R-1/4R-1/4R Point, Sailor 1/2L-Cross, Point

- 1 2 Step L behind R, Point R to the side
3&4 Cross R over L, Make a $\frac{1}{4}$ turn left stepping back on L, Make a $\frac{1}{4}$ turn left stepping forward on R-
5 - Making a further $\frac{1}{4}$ turn left on ball of R foot and point L to the side (3:00)
6&7 Cross L behind R, Make a $\frac{1}{4}$ turn left stepping next to R, Make a $\frac{1}{4}$ turn left cross stepping L over R (9:00)
8 Point R to the side

[S3] Heel Grind 1/4R Turn, Back Rock-1 and $\frac{1}{2}$ Turn, Sit Back-Recover, Fwd

- 1 2 Heel grind on R making a $\frac{1}{4}$ turn (12:00), Step back on L
3& Rock back on R, Replace weight on L
4&5 Make a $\frac{1}{4}$ turn left stepping back on R, Make a $\frac{1}{2}$ turn left stepping back on L, Make a $\frac{1}{2}$ turn left stepping back on R (6:00)
6 7 8 Step/sit back on L, Recover weight on R, Step forward on L

[S4] Full Spiral L, Run L-R, Kick-Ball-Step, Spiral 3/4R, Run R-L, Step-Pivot 1/2L

- 1 Step forward on R spiral full turn left weight on R foot (6:00)
2& Run forward on L-R
3&4 Kick forward on L, Step L in place, Step forward on R
5 Step forward on L $\frac{3}{4}$ spiral turn right weight on L foot (3:00)
6& Run forward on R-L
7 8 Step forward on R, Make a $\frac{1}{2}$ turn left recover weight on L (9:00)

Ending Suggestion: Start the last wall facing 6:00. Dance up to count 16 (3:00).
Step forward on R, Make a $\frac{1}{4}$ turn left recover weight on L (12:00)

No tags or restarts.

(updated: 13/Sept/23)