

# Jello Shot

拍数: 32      墙数: 2      级数: Improver  
编舞者: Ivonne Verhagen (NL) & Colin Ghys (BEL) - August 2023  
音乐: Jello Shot - Jay Allen



Intro: 8 Counts, Start at approx 10 secs

## SEC 1 Twist Heel Out, In, Step, Side Rock, Cross, ¼ Back, Back, Back Rock, ½ Back, ¼ Hitch

1&2      Twist right heel to right, twist right heel to left, transfer weight onto right

3-4      Rock left to left, recover weight onto right

### Option Snake roll left

5&6      Cross left over right, turn ¼ left step right back, step left back (9:00)

7&8&      Rock right back, recover weight onto left, turn ½ left step right back, turn ¼ left hitch left knee (12:00)

\*Restart Here on Wall 3, replace the ¼ hitch with turn ¼ left step left to left

## SEC 2 Side, ¼ Step, ¼ Point, ½ Point, Cross Rock, Side, Cross Rock, Point

1-2      Step left to left, turn ¼ right step right forward (3:00)

### Option On count 1 bend both knees and lower body

3-4      Turn ¼ right point left to left, turn ½ right point left to left (12:00)

5&6      Cross rock left over right, recover weight onto right, step left to left

7&8      Cross rock right over left, recover weight onto left, point right to right

## SEC 3: ¼ Step, Back, Shuffle, ½ Diamond

1-2      Turn ¼ right step right forward, step left back (3:00)

3&4      Step right forward, step left beside right, step right forward

5&6      Cross left over right, step right to right, turn ⅙ left step left back (1:30)

7&8      Step right back, turn ⅜ left step left to left, step right forward (9:00)

## SEC 4 Mambo Step, Coaster Step, Step, ½ Pivot, ¼ Side, Touch

1&2      Rock left forward, recover weight onto right, step left back

3&4      Step right back, step left beside right, step right forward

5-6      Step left forward, pivot ½ right transferring weight onto right (3:00)

7-8      Turn ¼ right step left to left, touch right beside left (6:00)

## Tag At the end of Wall 6

### Sway, Sway, Hold

1-2-3      Sway body right, sway body left, hold