

拍数: 32 墙数: 2 级数: Beginner
编舞者: Cathy Garland (USA) - September 2023
音乐: 85 - Andy Grammer



Intro: 16 cts - Start on lyrics

LINDY's R and L

1&2 Step R to right side, Step L next to R, Step R to right side
3-4 Rock back on L, Recover on R
5&6 Step L to left side, Step R next to left, Step L to left side
7-8 Rock back on R, Recover on L

SHUFFLE FORWARD PIVOT ON L, SHUFFLE FORWARD PIVOT ON R

1&2 Shuffle forward RLR
3-4 Step L forward, Turn ½ right (weight to right)
5&6 Shuffle forward LRL
7-8 Step R forward, Turn ½ left (weight on left)

LOCK STEPS R AND L

1-4 Step R forward, Step L behind R, Step R forward, Scuff L (or option to Hitch)
5-8 Step L forward, Step R behind L, Step L forward, Tough R next to L (or option to Hitch)

STEP TOUCH WITH ¼ TURN RIGHT X2

1-2 Step R to right (starting ¼ turn R), Touch L next to R
3-4 Step L to left side (completing ¼ turn R), Touch R next to L (3:00)
5-6 Step R to right (starting ¼ turn R), Touch L next to R
7-8 Step L to left side (completing ¼ turn R), Touch R next to L (6:00)

Makes a fun Contra! Feel free to add your own flair!

Last Update: 9 Nov 2024
