

Just Get Through Day One

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
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音乐: Day One - Carly Pearce



Intro: 8 Counts

Lindy R, Jazz Box in Place

1&2-3-4 Step to R, R/L/R, Rock back on L, return fwd. on R
5-8 Step L over R, Step back on R, Step on L, Step on R

Lindy L, Jazz Box ¼ R

1&2-3-4 Step to L, L/R/L, Rock back on R, return fwd. on L
5-8 Step R over L, Step back on L turning ¼ R, Step on R, Step on L

Zig-Zag R fwd. Rocking Chair

1-4 Step R fwd. diagonally, touch L fwd. to R, Step L fwd. diagonally, touch R to L
5-8 Rock R fwd. Step back on L, Rock R back, Step fwd. on L

Pivot ½ L, Jazz Box in Place

1-4 Step R fwd. turning ¼ L on L, Step R fwd. turning ¼ L on L
5-8 Step R over L, Step back on L, Step on R, Step on L

That's it! I hope you like this fun routine. Easy for all beginners, or for a good warm-up. The song ends on the first Lindy R, Jazz box, For the L Lindy you can turn to the front to end routine. Try it a few times to get the feel of it. This routine will go with any 32 count song without tags. Please let me know if you like it. All I ask is that you do not alter routine without my permission. If you have any problems, please contact me and I will do my best to help you. Thank you, [Georgie mygeo@adamswells.com](mailto:Georgie.mygeo@adamswells.com) or mygrantg@gmail.com
