

Fall Into Me

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 1 级数: Phrased Advanced
编舞者: Stéphanie Bijon (FR) - August 2023
音乐: Perfectly Broken - BANNERS



Sequence : A B A BB A* (from 25 to 40) A* (from 25 to 40)

Intro : 8 counts

PART A

[1-8] BASIC R, ¼ TURN L, ¼ TURN L W/ SWEEP R, CROSS R, SIDE L, BEHIND R, SLIDE L, SLIDE R, CROSS L, RECOVER R, SIDE L, CROSS R, SIDE L, BEHIND R

12&a Step RF to R side (1), Close LF behind RF (2), Cross RF over L (&), ¼ turn left, LF forward 09:00
3 ¼ turn to L with sweep RF (3) 06:00
4&a Cross RF over L (4), Step LF to L side (&), Cross RF behind L (a)
56 Slide LF to L side (5), Slide RF to R side (6)
7&a Cross LF over RF (7), Recover on RF (&), Step LF to L side (a)
8&a Cross RF over LF (8), Step LF to L side (&), Cross RF behind LF (a)

[9-16] BASIC L, ¼ TURN R, ¼ TURN R W/ SWEEP L, CROSS L, SIDE R, BEHIND L, SLIDE R, SLIDE L, CROSS R, RECOVER L, SIDE R, CROSS L, ¼ TURN L, ¼ TURN L STEP L FWD

12&a Step LF to L side (1), Close RF behind LF (2), Cross LF over R (&), ¼ turn right, RF forward (a) 09:00
3 ¼ turn to R with sweep LF (3) 12:00
4&a Cross LF over R (4), Step RF to R side (&), Cross LF behind R (a)
56 Slide RF to R side (5), Slide LF to L side (6)
7&a Cross RF over L (7), Recover on LF (&), Step RF to R side (a)
8&a Cross LF over R (8), ¼ turn L, Step RF back (&), ¼ turn L, Step LF forward (a) 06:00

[17-24] COASTER STEP R FWD, COASTER STEP L, STEP R W/ SWEEP L, STEP L W/ SWEEP R, ROCK R ½ TURN R, FULL TURN, STEP L, STEP R, STEP L, HITCH R

1&a Step RF forward (1), Step LF next to RF (&), Step RF back (a)
2&a Step LF back (2), Step RF next to LF (&), Step LF forward (a)
34 Step RF fwd w/ sweep LF from back to front (3), Step LF fwd w/ sweep RF from back to front (4)
5&a Rock RF forward (5), Recover on L (&), ½ turn R, Step RF forward (a) 12:00
6&a Step LF forward (6), ½ turn L, Step RF back (&), ½ turn L, Step LF forward (a)
7&a8 Step RF forward (7), Step LF forward (&), Hitch R for 2 counts (a8)

[25-32] LUNGE R, BACK x3, HOOK R, STEP R, FULL TURN R, STEP L, BACK R, SWEEP L, BEHIND SIDE CROSS, SIDE R

12&a Lunge RF forward w/ arms movements (1), Back LF (2), Back RF (&), Back LF (a)
3 Hook RF with R hand coming on the heart (3)
4&a Step RF forward (4), ½ turn R, Step LF back (&), ½ turn R, Step RF forward (a)
5 Step LF forward w/ arms movements (5)
6 Back RF and sweep LF from front to back w/ arms movements (6)
7&a Step LF behind R (7), Step RF to R side (&), Cross LF over R (a)
8 Step RF to R side w/ R arm raising R side (8)

[23-40] SIDE L, CROSS R, ¼ TURN L, STEP L, SWEEP R, CROSS BACK SIDE x2, CROSS R, POINT L, SAILOR ¼ TURN, CROSS R, POINT L, SAILOR ½ TURN

1&a Step LF to L side (1), Cross RF over L (&), ¼ turn to L, Step LF forward (a) 09:00
2 Sweep RF from back to front (2)

- 3&a Cross RF over L (3), Back LF (&), Step RF to R side (a)
- 4&a Cross LF over R (4), Back RF (&), Step LF to L side (a)
- 5&a Step RF forward (5), Point LF to L side for 2 counts (&a)
- 6&a Step LF behind RF (6), ¼ turn to L, Step RF to R side (&), Step LF to L side (a) 06:00
- 7&a Step RF forward (5), Point LF to L side for 2 counts (&a)
- 8&a Step LF behind RF (6), ½ turn to L, Step RF to R side (&), Step LF to L side (a) 12:00

PART B

[1-8] SIDE R, WEAVE, CROSS L, RECOVER R, WEAVE, CROSS R, RECOVER L, BACK R, CROSS L

- 1 Step RF to R side (1)
- 2&a Cross LF behind R (2), Step RF to R side (&), Cross LF over R (a)
- 3&a Step RF to R side (3), Cross LF behind R (&), Step RF to R side (a)
- 4 Cross LF over R w/ L arm raising up (4)
- 5&a Recover on R (5), Step LF to L side (&), Cross RF over L (a)
- 6&a Step LF to L side (6), Cross RF behind L (&), Step LF to L side (a)
- 7 Cross RF over L w/ R arm raising up (7)
- 8&a Recover on L (8), Step RF to R side (&), Cross LF over R (a)

Optionnal ending

STEP R, STEP L, R KNEE ON THE FLOOR, DO A HEART W/ YOUR HANDS

Wedding gift for my dear friends Maryline & Azdine. Dance is a poem which every movement is a word.

August 2023

Last Update – 15 Sept. 2023 – R2
