

# Rising From the Ashes

COPPERKNOB  
BYEPOSTHEAT

拍数: 32      墙数: 2      级数: Easy Intermediate  
编舞者: Anna-Maria Mejlon (SWE) & Annika Grubisic (SWE) - September 2023  
音乐: Break a Broken Heart - Andrew Lambrou



**Intro: 16 counts after the beat starts, approx. 22 seconds in. Starting on "I miss your kiss.."**

**Stomp sweep step back sweep, step back sweep, behind 1/8 fwd step hitch run fwd x3, step back x2**

1-2                Stomp with R, sweep with L, step back with L sweep with R  
3-4&              Step back with R sweep with L, step L behind R, step 1/8 to the right with R  
5-6&              step fwd on L and do a hitch with R, step fwd on R, step fwd on L  
7-8&              step fwd on R, step back on L, step back on R

**Back hook, run x3 (facing 6 o clock), diamond step (facing 3 o clock) step turn 1/2**

1-2&              Step back on L with hook, step R,L  
3-4&              step R (facing 6 o clock) sweep, cross L over R, step R to right side  
5-6&              step back on L turning 1/8 to left side, step back on R, step L to left side turning 1/8  
7-8&              step fwd on R, step fwd on L turning 1/2 to right side

**Step side, behind turn 1/4 step fwd, step fwd, step turn step, triple full turn, ball step**

1-2&              Step L to left side, step R behind L, step fwd on L turning 1/4 to the left  
3-4                Step fwd on R, step fwd on L  
5&6                step fwd on R turning 1/2 to the left, (weight on L), step fwd on R  
7&8&              step back on L turning 1/2 to the right, step fwd on R turning 1/2 to the right, step fwd on L, step fwd on R

**Step sweep, diamond step, (facing 6 o clock) step fwd step turn 1/2 step back**

1-2&              Step fwd on L sweep with R, cross R over L step back on L turning 1/8 to the right  
3-4&              step R to right side turning 1/8 to the right, (facing 3 o clock) step L behind R, step R to right side turning 1/8 to the right  
5-6                step fwd on L turning 1/8 to the right, step fwd on R,  
7&8&              step fwd on L turning 1/2 to the right, (weight on R) step 1/2 with L, hold

**This dance has 2 restarts with approx. 2 count hold**

**\*The first one is on wall 2 after 13 counts facing 12 o clock. You do run run run and then cross, back, back hold... then start again :)**

**\*\*The second one is on wall 5 after 9 counts, when you step back with the hook you hold... then start again :)**

**PS: You can find our Dance Demo on my Facebook page "Linedance by Mimmi"**

**I hope you will like this dance as much as we do! :)**