

Forever in My Heart

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Lorraine Macmillan (NZ) - September 2023
音乐: This Is Not Goodbye - Johnny Reid



This dance is dedicated to my pal, Anne in Melbourne - because we never say goodbye.

Start: On the second word of the vocals, "left" (approximately 7 seconds from start of the track).

STEP FORWARD, TOUCH TOE BACK, STEP BACK, TOUCH HEEL FWD, COASTER STEP, SCUFF

1,2,3,4 Step R forward, Touch L toe back, Step L back, Touch R heel forward
5,6,7,8 Step R back, Step L beside R, Step R forward, Scuff L forward

ROCK, RECOVER, 1/4 LEFT TURN, HOLD, PIVOT 1/4 LEFT X2

9,10,11,12 Step forward on Left, recover on Right, Step L 1/4 left, Hold
13,14,15,16 Step forward on Right, pivot 1/4 left, Step forward on Right, pivot 1/4 left

ROCKING CHAIR, MONTEREY TURNING 1/4 RIGHT

17,18,19,20 Step forward on R, Rock back on L, Step back on R, Rock fwd on L
21,22,23,24 Touch R to side, Turn 1/4 R, Touch L to side, Step L beside R

V STEP (Out, Out, In, In), SIDE TOUCH, SIDE TOUCH

25,26,27,28 Step R fwd diagonal R, Step L fwd diagonal L, Return R foot back, Step L foot beside R
29,30,31,32 Step R to side, Touch L beside R, Step L to side, Touch R beside L

Restart.

TAG: One tag (facing 6 o'clock) at the end of the 11th wall: Vine R, Vine L, Restart.

1,2,3,4 Step R to side, Step L behind, Step R to side, Touch L next to R
5,6,7,8 Step L to side, Step R behind, Step L to side, Touch R next to L

Last Update: 9 Sep 2023