Sweet But Psycho



拍数: 32 墙数: 4 级数: Improver

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音乐: Sweet but Psycho - Ava Max



Start dancing after 32 counts of the lyrics

1 Bridge (after wall 8, facing 12.00)

[1-8] WALK FORWARD 4X, SIDE, TOUCH, SIDE, TOUCH.

1-4 Walk fwd RLRL.

Step RF to R, Touch LF behind RF.Step LF to L, Touch RF behind LF.

[9-16] VINE RIGHT, TOUCH, VINE 1/4 TURN LEFT, TOUCH.

1-4 Step RF to R, Cross LF behind RF, Step RF to R, Touch LF next to RF.

5-8 Step LF to L, Cross RF behind LF, Turn 1/4 L stepping LF fwd, Touch RF next to LF.

[17-24] ROCKING CHAIR, 1/4 L PIVOT TURN WITH HIP ROLLS

1-4 Rock RF fwd, Recover onto LF, Rock RF back, Recover onto LF.

Step RF fwd pushing your hip back, Turn 1/8 L rolling hip to R and weight on LF.

Step RF fwd pushing your hip back, Turn 1/8 L rolling hip to R and weight on LF.

[25-32] REPEAT 17-24

BRIDGE (24 count, slow move):

[1-8] K-STEP

1-4 Step RF diagonally forward R, Touch LF next to RF, Step LF diagonal y back L, Touch RF

next to LF

5-8 Step RF diagonally back R, Touch LF next to RF, Step LF diagonal y forward L, Touch RF

next to LF.

(9-16) FORWARD CROSS-POINT (2X), BACK CROSS-POINT (2X)

1-4 Cross RF over LF, Point LF to L, Cross LF over RF, Point RF to R.

5-8 Cross RF behind LF, Point LF to L, Cross LF behind RF, Touch RF next to LF.

[17-24] MONTEREY 1/4 TURN RIGHT (2X)

1-4 Touch RF to R, On L bal make 1/4 turn R closing RF next to LF, Touch LF to L, Close LF

next to RF.

5-8 Touch RF to R, On L bal make 1/4 turn R closing RF next to LF, Touch LF to L, Close LF

next to RF. (facing 6.00)

Enjoy and happy dancing! CP: lunlinah@gmail.com

Last Update: 31 Mar 2024