

# Freedom

拍数: 48                      墙数: 2                      级数: Intermediate  
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音乐: One Step Forward - Jackie Venson



## INTRO: 16 C START ON WORD FREEDOM, 1 RESTART

### SEC. 1 STEP – HOLD – BACK ROCK STEP – STEP – HOLD – BACK ROCK STEP

1 2                      Step R to R side (1) hold (2)  
3 4                      Step L behind R (3) recover to R (4)  
5 6                      Step L to L side (5) hold (6)  
7 8                      Step R behind L (7) recover to L (8)

### SEC. 2 TOE STRUT X 2 –LINDY R

1 2                      Tap R toe diagonal fwd (1) drop R heel down (2)  
3 4                      Tap L toe diagonal fwd (3) drop L heel down (4)  
5&6                      Step R to R side (5) step L next to R (&) step R to R side (6)  
7 8                      Step L behind R (7) recover to R (8) \*\* Please restart here during wall 4 \*\*

### SEC. 3 STEP – HOLD – BACK ROCK STEP – STEP – HOOK 1/4 TURN L –STEP FWD – SCUFF

1 2                      Step L toe L side (1) hold (2)  
3 4                      Step R behind L (3) recover to L (4)  
5 6                      Step R to R side (5) hook L over R while turning 1/4 turn L on R (6)  
7 8                      Step fwd L (7) scuff fwd R (8)

### SEC. 4 R LOCK STEP FWD – SCUFF – ROCKING CHAIR

1 2                      Step fwd R (1) lock L behind R (2)  
3 4                      Step fwd R (3) scuff fwd L (4)  
5 6                      Step fwd L (5) recover to R (6)  
7 8                      Step back on L (7) recover to R (8)

### SEC. 5 STEP – PIVOT 1/2 TURN R – CROSS SHUFFLE – 1/4 TURN R – R COASTER STEP

1 2                      Step fwd L (1) Pivot 1/2 turn R (2)  
3& 4                      Cross L over R (3) step R to R side (&) cross L over R (4)  
5 6                      1/4 turn R stepping fwd R (5) recover to L (6) now facing 6:00  
7&8                      Step back on R (7) step L next to R (&) step fwd R (8)

### SEC. 6 STEP FWD L – HOLD – STEP FWD R – HOLD – L SHUFFLE FWD – R POINT – HITCH

1 2                      Step fwd L (1) hold (2)  
3 4                      Step fwd R (3) hold (4)  
5&6                      Step fwd L(5) step R next to L(&) step fwd L (6)  
7 8                      Point to R side (7) hook L (8) to finish front wall change to step, turn, step!

**\*\* RESTART: AFTER 16 C OF WALL 4 YOU MAY CHANGE STEP TO L FOOT (&) THEN RESTART!**

Start over again!

Have fun & happy dancing, hugs from Sweden

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