# Some Days



拍数: 32 墙数: 2 级数: Intermediate

编舞者: Gary Steele (UK) - 16 August 2023

音乐: Some Days - Brent Morgan



### Section 1 - Basic Nightclub, ½ Behind Side Cross Rock & Cross Rock

1-2&	Step right to right side.	rock back onto left.	recover weight right
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3-4& Make ½ right stepping back onto left, cross right behind left, step left to left side. (6.00)

5-6& Cross rock right over left, recover weight left, close right next to left.

7-8& Cross rock left over right, recover weight right, close left next to right. (7.30)

### Section 2 - Back rock, 1/2 Back Sweep, Back Sweep, 1/8 Rock Back, Forward Rock, Side Rock

1-2& Rock back onto right, recover weight left, ½ left stepping back onto right. (1.30)

3-4 Step back left sweeping right from front to back, step back right, sweeping left from front to

back.

5-6 1/8 Turn left rocking back onto left, recover weight right. (12.00)

7&8& Rock forward onto left, recover weight right, rock left to left side, recover weight right.

Restart here: Wall 3

### Section 3 - Back Rock, ½ Step, Coaster, Walk x3, Chase ½

1-2& Rock back onto left, recover weight right, ½ right stepping back onto left. (6.00) 3&4& Step back onto right, step left back, close right next to left, step forward onto left.

5-7 Walk forward right, left, right.

Step forward onto left, pivot ½ right stepping onto right, step forward onto left. (12.00)

## Section 4 - Chase ½, Shuffle Rock, Reverse Rocking Chair

2&3 Step forward onto right, pivot ½ left stepping onto left, step forward onto right. (6.00)

Shuffle forward left, right, rock forward onto left.Recover weight onto right, close left next to right.

7&8& Rock back onto right, recover weight left, rock forward onto right, recover weight left.

#### Restart - Wall 3 - Dance up to count 8 of Section 2 then replace the '&' with a touch

7&8& Rock forward onto left, recover weight right, step left to left side, touch right next to left.