

Mi Tierra

COPPER **KNOB**
BY STEPHEN

拍数: 40 墙数: 4 级数: Improver
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- August 2023
音乐: Mi Tierra - Gloria Estefan



SEQUENCES : INTRO-TAG 1-Wall 1 & Wall 3 : 40 count
Walls 2, 4, 5 - 12 : 32 count, Wall 13 (ending) : 8 count

INTRO : MAMBO (FORWARD/BACK) - MAMBO SIDE,

1&2 Step RF forward - Recovered on LF - Close RF beside LF
3&4 Step LF back - Recovered on RF - Close LF beside RF
5&6 Step RF to side - Recovered on LF - Close RF beside LF
7&8 Step LF to side - Recovered on RF - Close LF beside RF

MAMBO (FORWARD/BACK) - MAMBO CROSS

1&2 Step RF forward - Recovered on LF - Close RF beside LF
3&4 Step LF back - Recovered on RF - Close LF beside RF
5&6 Step RF to side - Recovered on LF - Close RF beside LF
7&8 Step LF to side - Recovered on RF - Close LF beside RF

S1. PADLE TURN WITH HIP ROLL,, BACK ROCK, STEP R/L IN PLACE

1& Touch RF to side Turn 1/8 left hip roll - In place on LF,
2& Touch RF to side Turn 1/8 left hip roll - In place on LF,
3& , Touch RF to side Turn 1/8 left hip roll - In place on LF,
4 Touch RF to side Turn 1/8 left hip roll (06:00)
5&6 Step LF back - Recovered on RF - step LF to side
7 8 Recovered on RF - In place on LF

S-2. BOTAFOGO, MAMBO - COASTER STEP

1&2 Cross RF over LF - Ball of LF - in place on RF
3&4 Cross LF over RF - Ball of RF - in place on LF
5&6 Step RF forward - Recovered on LF - Close RF beside LF
7&8 Step LF back - Close RF beside LF - Step LF forward

S-3. ½ TURN R TRIPLE STEP - COASTER STEP, CROSS SHUFFLE - ½ TURN L CROSS SUFFLE

1&2 Step RF forward - ¼ Turn R Step LF to side - ¼ Turn R Step RF back (12:00)
3&4 Step LF back - Close RF beside LF - Step LF forward
5&6 Step cross RF over LF - Step LF to side - Step cross RF over LF
7&8 ½ Turn Step cross LF over RF - Step RF to side - Step cross LF over RF (06:00)

S-4. KICK DOWN RL, R FORWARD L CLOSE, SAILOR STEP, TURN 1/4 L SAILOR STEP

1& Kick RF step down RF beside LF
2& Kick LF step down LF beside RF
3 4 Step RF forward, step LF beside RF
5&6 Sweep RF cross behind LF, step LF beside RF, step RF to side
7&8 Turn 1/4 Left sweep LF back, step RF back beside LF, step FL forward (03:00)

S-5. R VOLTA TURN FULL , L SIDE MAMBO, HEEL STOMP WITH KNEE POP

1&2&3&4 ¼ Turn R RF cross over LF , slightly LF lock behind RF, ¼ Turn R RF cross over LF , slightly LF lock behind RF, ¼ Turn R RF cross over LF , slightly LF lock behind RF, ¼ Turn R RF cross over LF (03:00)

5&6 Step Lf to side - In place on RF - LF together
7 8 Lift both heels together with Bending knee, Drop heels together to the floor.

Tag : STEP TO SIDE - HOLD

***1-234 : Step RF to side (body weight to R) - Hold (234)**

***5-678 : Step LF to side (body weight to L) - Hold (678)**

Tag 1 after Intro wall 1 (12:00),

Tag 2 after wall 3 (09:00),

NOTE : Wall 1 & Wall 3 : 40 count

Walls 2, 4, 5 - 12 : 32 count,

Wall 13 (ending) : 8 count

Happy Dance : julipikir.upn@gmail.com
