Sheer Heaven



拍数: 64 墙数: 2 级数: High Beginner 编舞者: Charlotte Steele (SA) - September 2023 音乐: Ich hab den Himmel geseh'n - Ireen Sheer This dance is dedicated to Martie Papendorf, just because...



Intro: Start on vocals. No Tags or Restarts.

Sec 1 Toe	Touches/Taps.	Shuffle	Forward:	Twice
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1,2	Touch/tap R toes forward, cross-touch/tap R toes over LF
3&4	Step R forward, step L next to R, step R forward
5,6	Touch/tap L toes forward, cross-touch/tap L toes over RF
7&8	Step L forward, step R next to L, step L forward (12:00)

Sec.2 R Fwd Rock-Recover. Shuffle 1/2 Turn Right. L Fwd Rock-Recover. Shuffle 1/2 Turn Left.

	3
1,2	Rock forward on R, recover back onto L
3&4	Pivot ½ turn right stepping forward on R, step L next to R, step R forward (6:00)
5,6	Rock forward on L, recover back onto R
7&8	Pivot ½ turn left stepping forward on L, step R next to L, step L forward (12:00)

Sec.3 Side-Together. Chasse Right. Side-Behind. Chasse 1/4 Turn Left.

1,2	Step R to right side, step L next to R (weight onto L)
3&4	Step R to right side, step L next to R, step R to right side (weight onto R)
5,6	Step L to left side, step R behind L (weight onto R)
7&8	Step L to left side, step R next to L, turn ¼ left stepping forward onto L (weight onto L) (9:00)

Sec.4 Walk Forward RLR-Kick-Clap. Walk Back LRL-Touch-Clap.

1-4	Walk forward stepping R-L-R, kick L forward and clap
5-8	Walk back stepping L-R-L, touch R next to L and clap (9:00)

Sec.5 Monterey 1/2 Turn Right. Jazz Box.

1,2	Touch R out to right side, pivot ½ turn right while dragging R next to L (weight onto R) (3:00)
3,4	Touch L out to left side, step L next to R (weight onto L)
5,6	Cross R over L, step L back (weight onto L)
7,8	Step R to right side, step L forward (weight onto L) (3:00)

Sec.6 Diagonal Forward Step-Lock, Step-Lock-Step: Twice.

1,2	Step R forward to right diagonal, lock L behind R
3&4	Step R forward to right diagonal, lock L behind R, step R forward
5,6	Turn to face left diagonal and step forward on L, lock R behind L
7&8	Step L forward to left diagonal, lock R behind L, step L forward (weight onto L)

Sec.7 Diagonal Step-Touches Back with Claps x 4.

1,2	Still facing left diagonal, step back on R, touch L next to R and clap
3,4	Turn to face right diagonal and step back on L, touch R next to L and clap
5,6	Turn to face left diagonal and step back on R, touch L next to R and clap
7,8	Turn to face front and step back on L, touch R next to L and clap (3:00)

Sec.8 Monterey 1/4 Turn Right, Slow R Coaster Step, Step L Forward

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1,2	Touch R out to right side, pivot ¼ turn right while dragging R next to L (6:00)	
3,4	Touch L out to left side, step L next to R (weight onto L)	
5,6,7	Step back on R. step L next to R. step R forward (weight onto R)	

Start Again. Put some bounce into your steps - have fun - enjoy!

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